

# **Department of Human Services**

## **Community Information & Referral Packet**



Last updated in September 2018  
Allegheny County Department of Human Services  
Community Information & Referral Packet – 412-350-7093 or 412-350-2441  
Any suggestions/corrections are welcome  
One Smithfield Street, Suite 400, Pittsburgh, PA 15222  
[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

## About Community Information & Referral Packet

This resource guide was created by the Allegheny County Department of Human Services (DHS) to assist human service professionals in finding referrals for the individuals and families they serve. It is the sincere hope of those who gathered this information, that this is a helpful tool.

The information in this packet is in no way meant to be a comprehensive guide to every service throughout Allegheny County. Inclusion in this packet does not necessarily represent endorsement of an organization or its program, nor does exclusion represent lack of endorsement.

## Additional Resource Tools

The **Community Information & Referral Packet** has gone through a number of changes in past years. Some of the information from previous packets can be found in the guides below.

[www.achd.net/uuguide](http://www.achd.net/uuguide)

**Allegheny County Underinsured/Uninsured Resource Directory**

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

**Drugs/Alcohol, Drugs/Alcohol Support Groups, Dual Diagnosis, Mental Health, Mental Health for Children & Adolescents**

**Where to Call** – directory of main numbers for mental health and substance use disorder service providers

**Community Resources for People with Disabilities** is a resource guide detailing local and national resource information for those with any disability.

[www.familyresourceguide.org/index.aspx](http://www.familyresourceguide.org/index.aspx)

**The Family Resource Guide** provides resources for children birth to 21 with developmental delays, disabilities and special healthcare needs in and around Allegheny County.

[www.Pa211sw.org](http://www.Pa211sw.org)

**United Way – PA 211 Southwest** – An extensive directory of health and human services in our region.  
Dial 2-1-1 or 888-553-5778 or 7-1-1 if hearing impaired  
E-mail: [info@pa211sw.org](mailto:info@pa211sw.org)

### Director's Action Line (DAL) 1-800-862-6783

Addresses concerns, complaints, comments or questions about any service provided by DHS or a DHS contracted provider; or a DHS staff person or staff of a DHS-contracted provider, the DAL is here to help.

### Allegheny Link 1-866-730-2368

Provides information on services available to help

- older adults
- people with disabilities
- individuals who are homeless or at risk of becoming homeless
- parents of young children who are interested in discovering home visiting supports

For questions about this guide or to make suggestions or changes, please contact:

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**Samantha Murphy, Resource Services Manager, 412-350-2441, [Samantha.Murphy@alleghenycounty.us](mailto:Samantha.Murphy@alleghenycounty.us)**

The information furnished in this resource guide is not meant to be comprehensive listing of every service throughout Allegheny County. Information listed about agencies or programs may or may not be directly associated with Allegheny County Department of Human Services contracts. Inclusion of these guides/links does not necessarily represent endorsement of the organization or its program nor does exclusion represent lack of endorsement.

Please visit the following link for information about other human service topics:

[www.alleghenycounty.us/human-services/index.aspx](http://www.alleghenycounty.us/human-services/index.aspx)

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## ANGELS' PLACE

N. Side 2615 Norwood Avenue, Pittsburgh, PA 15214, 412-321-4447  
Swissvale 2538 Woodstock Avenue, Pittsburgh, PA 15218, 412-271-BABY (2229)

[www.angelsplacepg.org](http://www.angelsplacepg.org)

Angel's Place provides comprehensive services to low-income single parents who are full-time students in high school or post-secondary school. They provide free child care, tutoring, support groups, counseling, and informal classes in parenting skills. Their goal is to support and enable these parents to complete their educations, break the welfare cycle, and provide for their families. Child care centers are located in the North Side and Swissvale.

To be eligible for assistance through Angel's Place, you must be a single parent (unmarried, separated, divorced) and meet low-income requirements based upon federal guidelines. You must be enrolled as a full-time student while maintaining passing grades of a C or better. You will be required to contribute two hours of service to Angel's Place per week and to attend a weekly parenting class.

## CHILD CARE INFORMATION SERVICES, YWCA OF GREATER PITTSBURGH

305 Wood Street, Pittsburgh, PA 15222  
412-261-CARE (2273) or 1-800-392-3131

[www.ywcapgh.org/Child-Care-Information-Services](http://www.ywcapgh.org/Child-Care-Information-Services)

Child Care Information Services (CCIS) is committed to: improving the quality of child care, providing referral service to parents from every economic level in order to help parents make informed child care choices, providing subsidy to eligible parents to the extent possible given funding constraints, and enhancing the system of child care in Allegheny County whenever possible.

Parents can call CCIS for information on the different types of child care available, how to choose child care that meets their needs, community resources, financial assistance for child care and referrals to child care providers in the geographic area of their choice. Each caller receives information on choosing quality child care that will aid them in their search.

*Child Care and Development Block Grant (CCDBG):* This program is state and federally funded and comes to CCIS through the Commonwealth of Pennsylvania, Department of Public Welfare. Every family who calls us for child care referrals or information is told about this program. To qualify, the caretaker and live-in companion/spouse of the child(ren) needing care must be working or enrolling in a job-related training program at least three days, twenty hours per week and the family's gross monthly income must meet income guidelines. For parents receiving cash assistance through the County Assistance Office (CAO), they must be participating in a CAO approved activity.

After a family is determined eligible, they are assigned a fee based on their income and family size. This fee is payable directly to the child care provider upon enrollment under the subsidy program. Parents may choose any child care provider that is currently under contract or willing to obtain a contract with CCIS to be subsidized. Any legal child care provider may participate in this "parent-choice" program.

## CHILD'S WAY® - A PROGRAM OF THE CHILDREN'S HOME & LEMIEUX FAMILY CENTER

5324 Penn Avenue, Pittsburgh, PA 15224, 412-441-4884

[www.childrenshomepg.org/childs-way](http://www.childrenshomepg.org/childs-way)

Child's Way® is a day care center for children with special medical needs who may also be technology independent. Daily care by registered nurses incorporates therapeutic play with nursing care, individualized to meet the needs of each child; 1-3 ratio of staff to children. The center is an alternative to home health care for children ages birth to 21 years. Child's Way is a pediatric extended care program licensed by the PA Dept. of Health and the PA Dept. of Welfare. Child's Way participates with Child Care Information Services. For more information, contact Child's Way or Child Care Information Services (CCIS).

## JEREMIAH'S PLACE, PITTSBURGH

6435 Frankstown Avenue, Pittsburgh, PA 15206, 412-924-0726

[www.jeremiahsplace.org](http://www.jeremiahsplace.org)

Jeremiah's place provides emergency care of children ages 0-6 for a few hours or a few days based on the needs of the family. The primary focus is to keep children safe and to provide a safe and supportive solution for families in need. Emergency child care needs can include: hospitalization, funeral, homelessness, domestic violence, military deployment, job interview, unsafe child care, emergency respite.

Updated May 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)



## COMMUNICATIONS TELEPHONE • INTERNET

There are telephone and message options available to help maintain contact with human service agencies and resources, family and friends and for effective job search.

For information directly from the Public Utility Commission, visit this site:  
[www.puc.state.pa.us/Telecom/pdf/Lifeline%20Brochure-StayConnected.pdf](http://www.puc.state.pa.us/Telecom/pdf/Lifeline%20Brochure-StayConnected.pdf)

### TELEPHONE SERVICES

Since 1984, the federal Lifeline programs have helped people get and keep telephone service. Lifeline has two landline programs, one cell phone program. Eligibility is re-certified annually and expires any time the household income rises above the limit or is no longer in the other qualifying federal program.

Terms vary by state, and these terms may be for PA only.

- Choose either Landline or Cell Phone. A household cannot participate in both.
- Choose to income-qualify by either Program Participation, or by submitting Proof of Income.

**VERIZON LIFELINE SERVICE** [www.lifelinesupport.org](http://www.lifelinesupport.org)  
1-800-837-4966 or 1-888-641-8722

Helps low-income customers get or keep their residential telephone service. Lifeline Service provides a credit on the telephone bill every month, and a 50% discount on the Line Connection Charge. When combined with the Link Up America Program, new customers who apply for Lifeline Service **will not** pay a Line Connection Charge.

**VERIZON UNIVERSAL TELEPHONE ASSISTANCE PROGRAM (UTAP)** 1-800-837-4966

Helps low-income customers who are served by Verizon to pay their basic telephone charges in time of crisis. To be eligible for UTAP money, you must already be a Lifeline customer, or be a Lifeline applicant who needs to have basic service charges paid before getting Lifeline Service.

**Qualify for any Lifeline service in PA either BY PROGRAM PARTICIPATION or BY INCOME**

- **To Qualify based on Program Participation, must already be receiving:**
  - Federal Public Housing Assistance or Section 8
  - Food Stamps and / or Medicaid and / or TANF welfare cash
  - Low Income Home Energy Assistance Program (LIHEAP I or LIHEAP 2 / Crisis)
  - National School Lunch (free program only)
  - Supplemental Security Income / SSI
  - State Blind Pension
- **To Qualify by Income, meet income limits and documentation requirements below:**
  - Income limits: "To be eligible for service, maximum gross income at 135% of FPIG" Federal Poverty Income Guidelines (FPIG). <https://aspe.hhs.gov/poverty-guidelines>

For documentation, submit any of the followings: (a) Four (4) months of consecutive pay stubs (b) a letter from your employer (c) last year's income tax return (d) W-2 form.





**SAFELINK WIRELESS - FREE CELL PHONE** [www.safelinkwireless.com](http://www.safelinkwireless.com) 1-800-723-3546.

SafeLink Wireless includes a free cell phone and free service, with up to 250 free minutes per month, depending upon which one of three plan options you choose. You must have a valid United States Postal Address in order to ship your free phone. PO Boxes cannot be accepted. No one else in your household may receive landline or cell phone Lifeline Assistance. You may purchase retail TracFone prepaid cards for more minutes.

If you qualify by already participating in certain federal assistance programs, SafeLink does the verification. If you're income-eligible, you must fax or mail copies of documents that prove your income. Fax to 1-866-902-5756; Mail to PO Box 220009, Milwaukie, OR 97269-0009. If you apply online to income-qualify, include a downloaded copy of your application with your proof-of-income documents.

**ASSURANCE WIRELESS** [www.assurancewireless.com/lifeline-services/states/pennsylvania-lifeline-free-government-phone-service](http://www.assurancewireless.com/lifeline-services/states/pennsylvania-lifeline-free-government-phone-service) Assurance provides a free cell phone and 250 voice minutes per month to eligible consumers.

### INTERNET

**COMCAST INTERNET ESSENTIALS for LOW-INCOME ALLEGHENY COUNTY RESIDENTS**

Comcast is offering qualifying Allegheny County residents low-cost internet access. The program, called Internet Essentials, offers high-speed internet access for \$9.95 a month and a voucher for \$150 to buy a small, netbook-style computer.

### HOW TO QUALIFY

To qualify for \$9.95 a month Internet service and a low-cost computer, your household must meet all of the following criteria:

- Be located where Comcast offers Internet service
- Have at least one child receiving free school lunches through the National School Lunch program
- Have not subscribed to Comcast Internet service within the last 90 days
- Not have an overdue Comcast bill or unreturned equipment.

### HOW TO APPLY

- Call 1-855-846-8376 or visit [www.internetessentials.com](http://www.internetessentials.com) for an application.
- Comcast will mail you an application. Complete and return it, along with lunch program documents from your child's school.
- Comcast will notify you within 7-10 days by mail about the status of your application.

### HOW TO GET CONNECTED

Once you are approved, Comcast will mail you a welcome package with everything you need to set up your Internet service and receive free Internet training. If you chose to purchase a low-cost computer, your welcome package will provide details.

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[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)





# Crisis Hotlines

**Allegheny County  
Information/Referral/Emergency Services (IRES)**  
**412-350-4457 24-Hour service**  
**for help with MH/MR/D&A emergencies.**  
[www.alleghenycounty.us/Human-Services/About/Contact/Emergency-Contacts.aspx](http://www.alleghenycounty.us/Human-Services/About/Contact/Emergency-Contacts.aspx)



## **resolve Crisis Network**

**1-888-7-YOU-CAN or 1-888-796-8226**  
**Answers 24 hours per day for emergency**  
**mental health counseling and access to**  
**mobile mental**  
**health assistance, walk-in service available.**  
[www.upmc.com/services/behavioral-health/pages/resolve-crisis-network.aspx](http://www.upmc.com/services/behavioral-health/pages/resolve-crisis-network.aspx)

## **24-Hour Hotlines to Reporting of Child Abuse and Neglect in Pennsylvania**

**ChildLine- 1-800-932-0313**  
**Allegheny County DHS Office of Children,**  
**Youth and Families (CYF) - 412-473-2000**  
**More details about child protective services:**  
[www.alleghenycounty.us/Human-Services/About/Contact/Child-Abuse.aspx](http://www.alleghenycounty.us/Human-Services/About/Contact/Child-Abuse.aspx)

**Area Agency on Aging Protective Services**  
**412-350-6905 or 1-800-344-4319**  
**Or 1-800-490-8505**

**24-Hour hotline to report abuse, exploitation and**  
**neglect of older adults. Also assists with issues**  
**involving self-neglect and abandonment.**  
[www.alleghenycounty.us/Human-Services/About/Contact/Older-Adult-Abuse.aspx](http://www.alleghenycounty.us/Human-Services/About/Contact/Older-Adult-Abuse.aspx)

## **Pittsburgh Action Against Rape (PAAR)**

**1-866-363-7273**  
**24-Hour crisis intervention, counseling**  
**and advocacy for victims of sexual**  
**assault.**  
[www.paar.net](http://www.paar.net)

**Center for Victims Hotline**  
**412-482-3240**  
**1-866-644-2882**

**24-Hour support and crisis intervention, advocacy**  
**and counseling for individuals, communities,**  
**schools and the workplace.**  
[www.centerforvictims.org](http://www.centerforvictims.org)

## **Domestic Violence**

**Alle-Kiski HOPE Center**  
**1-888-299-HOPE or 1-888-299-4673**  
[www.akhopecenter.org](http://www.akhopecenter.org)

**Crisis Center North**  
**412-364-5556**  
**Or 1-866-782-0911**  
[www.crisiscenternorth.org](http://www.crisiscenternorth.org)

**Woman's Center and Shelter of**  
**Greater Pittsburgh - 412-687-8005**  
[www.wcspittsburgh.org](http://www.wcspittsburgh.org)

**United Way 211 Southwest**  
**2-1-1 or toll free 1-888-553-5778**  
**Hearing Impaired 7-1-1**  
**Information & referral services**  
**providing problem solving and**  
**referrals to over 8500**  
**health and human services.**  
<http://pa211sw.org/>



*Updated June 2018*

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

## EARLY LEARNING - CHILDREN'S DEVELOPMENTAL NEEDS

	Located	Serves
<b>Allegheny Intermediate Unit</b> <b>Project DART</b> 475 East Waterfront Drive, Homestead, PA 15120 <i>Serves eligible children ages 3-5 who are experiencing developmental delays or disabilities.-Free screenings</i>	(412) 394-5904 Homestead <a href="http://www.aiu3.net/DART">www.aiu3.net/DART</a>	Allegheny Co.
<b>The Alliance for Infants and Toddlers</b> The Hough Bldg., 2801 Custer Avenue Pittsburgh, PA 15227 <i>Early intervention services to families with children ages birth-3 with developmental concerns</i>	(412) 885-6000 Carrick <a href="http://www.afil.org">www.afil.org</a>	Allegheny Co.
<b>ACHIEVA</b> <b>Child Development &amp; Milestones</b> 711 Bingham Street, Pittsburgh, PA 15203 <i>Therapeutic services for children birth to 3 yrs. Old who have developmental disabilities or delays.</i>	(412) 995-5000 Southside Flats 1-888-272-7229 <a href="http://www.achieveva.info">www.achieveva.info</a>	Allegheny Co. Washington Co. Westmoreland Co.
<b>Children's Hospital of Pittsburgh</b> <b>Child Development Unit</b> 3420 Fifth Avenue, Pittsburgh, PA 15213 <i>Diagnosis, consultation and therapy to children ages birth-18 with developmental and/or behavioral disorders</i>	(412) 692-5560 Oakland <a href="http://www.chp.edu">www.chp.edu</a>	No Restrictions
<b>Early Learning Institute</b> 2510 Baldwick Road Pittsburgh, PA 15205-4904 <i>Comprehensive early intervention services to infants, toddlers and pre-school children and their families.</i>	(412) 922-8322 Crafton <a href="http://www.earlylearninginstitute.org">www.earlylearninginstitute.org</a>	Allegheny Co.
<b>EasterSeals Western &amp; Central Pennsylvania</b> 875 Greentree Road-Ste 150 Pittsburgh, PA 15220 <i>Preschool speech, language &amp; Hearing screening program is available to preschools and daycares.</i>	(412) 281-7244 Downtown <a href="http://www.easterseals.com">www.easterseals.com</a>	Alleg, Greene, Washington, Westmoreland
<b>Family Resources of Western PA</b> 1425 Forbes Avenue Pittsburgh, PA 15219 <i>Therapeutic services for preschool children.</i>	(412) 363-1702 Uptown <a href="http://www.familyresourcesofpa.org">www.familyresourcesofpa.org</a>	No Restrictions
<b>Allegheny Link</b> <i>The Allegheny Link can connect young parents who are pregnant or have children under the age of 6 to home visiting programs to support a healthy pregnancy, promote positive development, prepare for school and work on personal goals.</i>	(866) 730-2368 <a href="http://www.alleghenycounty.us/Human-Services.aspx">www.alleghenycounty.us/Human-Services.aspx</a>	Allegheny Co.
<b>Laughlin Children's Center</b> 424 Frederick Avenue Sewickley, PA 15143 <i>Works on academic, psychology, speech, offers a variety of services to help children from pre-school to high school.</i>	(412) 741-4087 Sewickley <a href="http://www.laughlincenter.org">www.laughlincenter.org</a>	No Restrictions
<b>Office of Child Development</b> 400 N. Lexington St. Lower level 104 Pittsburgh, PA 15208 <i>Facilitates and develops partnerships to improve the lives of children and families</i>	(412) 383-4447 Homewood <a href="http://www.oed.pitt.edu">www.oed.pitt.edu</a>	Allegheny Co.
<b>Allegheny County Childhood Education Hotline</b> <b>For more information call</b> <i>Early Childhood Education Programs &amp; support for families with children birth-3 years old, early education 3-5 yrs.</i>	(866) 214-KIDS (5437)	Allegheny Co & City of Pgh

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[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

<b>PLEA</b> 733 South Avenue Pittsburgh, PA 15221 <i>School/partial hospitalization, wraparound services, respite care; for those with behavioral &amp; developmental needs</i>	(412) 243-3464 <a href="http://www.plea-agency.org">www.plea-agency.org</a>	Wilkinsburg Allegheny Co.
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<b>Matilda Theiss Child Development Center</b> 373 Burrows Street Pittsburgh, PA 15213 <i>Mental health programming to address children with special needs related to emotional and behavioral disturbances, prenatal drug and alcohol exposure, a parent's mental illness diagnosis</i>	(412) 383-1575	Oakland Allegheny Co.
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EMPLOYMENT			
		Located	Serves
<b>Achieva</b> 711 Bingham Street Pittsburgh, PA 15203 <i>Employment supports for persons with disabilities</i>	(412) 995-5000 (888) 272-7229 <a href="http://www.achieva.info">www.achieva.info</a>	Southside	Allegheny Co. Beaver Co. Westmoreland
<b>AHEDD</b> 900 Sarah Street, Suite 202 Pittsburgh, PA 15203 <i>Employment assistance and benefits counseling for youth and adults with disabilities within the business community.</i>	(866) 902-4333 (412) 381-3313 <a href="http://www.ahedd.org">www.ahedd.org</a>	Southside	No Restrictions
<b>Braddock Employment/Training Center</b> 849 Braddock Avenue, Braddock, PA 15104 <i>One stop shop to assist in job searching, GED prep, counseling, resume help, on-site child care</i>	(412) 273-6450	Braddock	No Restrictions
<b>PA Unemployment Compensation Duquesne Call Center</b> <i>All unemployment compensation claims must be entered by phone or online</i>	(888) 313-7284 <a href="http://www.state.pa.us/">www.state.pa.us/</a>		statewide
<b>Goodwill of SW PA</b> 118 52nd Street Pittsburgh, PA 15201 <i>Education/training/job search/job coach for persons with disabilities, participants of welfare employment initiatives</i>	(412) 481-9005 <a href="http://www.goodwillswpa.org">www.goodwillswpa.org</a>	Lawrenceville	no restrictions
<b>Life's Work of Western PA</b> 1323 Forbes Avenue Pittsburgh, PA 15219 <i>Helps youth and young adults w/ disabilities and barriers to employment to achieve productive employment</i>	(412) 471-2600 <a href="http://www.lifesworkwpa.org/">www.lifesworkwpa.org/</a>	Downtown	Western PA
<b>Online Job Search &amp; Career Information Tools</b> <i>CareerOneStop site is a single point of entry to access resources in the US Dept. of Labor's suite of electronic tools</i>	<a href="http://www.careeronestop.org">www.careeronestop.org</a> <a href="http://www.dol.gov">www.dol.gov</a>		
<b>PA CareerLink Pittsburgh/Allegheny County</b> Wood Street Commons 304 Wood Street, Pittsburgh, PA 15219 <i>One stop shop to assist in job searching, job search workshops computer classes, counselors, training/education job search program if eligible, resume help</i>	(412) 552-7100 <a href="http://careerlinkpittsburgh.com/">http://careerlinkpittsburgh.com/</a>		No restrictions (unemployed or employed)
<b>PA CareerLink East/Allegheny County</b> 2040 Ardmore Boulevard Pittsburgh, PA 15221 <i>One stop shop to assist in job searching, job search workshops computer classes, counselors, training/education job search program if eligible, resume help</i>	(412) 436-2225 <a href="http://careerlinkpittsburgh.com/">http://careerlinkpittsburgh.com/</a>		No restrictions (unemployed or employed)
<b>PA CareerLink Alle-Kiski</b> 1150 5th Avenue New Kensington, PA 15068 <i>One stop shop to assist in job searching, job search workshops computer classes, counselors, training/education job search program if eligible, resume help</i>	(724) 334-8600 <a href="http://careerlinkpittsburgh.com/">http://careerlinkpittsburgh.com/</a>		No restrictions (unemployed or employed)

<b>PA Office of Vocational Rehabilitation (OVR)</b> 531 Penn Avenue Pittsburgh, PA 15222 Blind and Visual Services Available <i>Job readiness/coach/search/retention, education/training, assistance</i>	(412) 392-4950 <a href="http://www.jobgateway.pa.gov">www.jobgateway.pa.gov</a>	Downtown	Western PA
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<b>People's Oakland</b> 3433 Bates Street, Pittsburgh, PA 15213 <i>Premier recovery and wellness center for people living with serious wellness and co-occurring disorders. Programs include nutrition, fitness, employment, education, peer support and social &amp; recreational activities.</i>	(412) 683-7140 <a href="http://www.peoplesoakland.org">www.peoplesoakland.org</a>	Oakland	Allegheny Co.
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<b>Three Rivers Center for Independent Living</b> 900 Rebecca Avenue Pittsburgh, PA 15221 <i>For employment, independent living skills training, peer support</i>	(412) 371-7700 <a href="http://www.trcil.org">www.trcil.org</a>	Wilkinsburg	Western Pa
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<b>Ticket to Work Program</b> <b>Social Security Administration</b> <i>Comprehensive website provides trainings, events and related topics to manage employment if you should decide to work.</i>	(866) 968-7842 <a href="http://www.yourtickettowork.ssa.gov">www.yourtickettowork.ssa.gov</a>		
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<b>U.S. Equal Employment Opportunity Commission (EEOC)</b> <i>EEOC has the authority to investigate charges of discrimination against employees.</i>	(800) 669-4000 <a href="http://www.eeoc.gov">www.eeoc.gov</a>		
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<b>Volunteers of America</b> Southwestern PA-1650 Main Street Pittsburgh, PA 15215 <i>Offering a variety of volunteering opportunities in communities in the Commonwealth of P</i>	(412) 782-5344 <a href="http://www.voapa.org">www.voapa.org</a>		Allegheny Co.
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### Employment / Labor-related Special Topics

#### Maintaining safe and healthy working conditions for employers and employees:

1. Occupational Safety & Health Administration (OSHA), Pittsburgh office: 412-395-4903  
[www.osha.gov](http://www.osha.gov)

#### Minimum wage, overtime pay, recordkeeping, child labor and special employment,

1. Family and Medical Leave Act (FMLA); US Dept. of Labor - Wage & Hour Division, 1-866-487-9243  
Pittsburgh District Office: 412-395-4996  
[www.dol.gov/whd](http://www.dol.gov/whd)

#### Discrimination information and claims for job applicants and employees:

1. City of Pittsburgh Commission on Human Relations, 412-255-2600  
[www.city.pittsburgh.pa.us/chr](http://www.city.pittsburgh.pa.us/chr)
2. PA Human Relations Commission Pittsburgh Office: 412-565-5395  
[www.phrc.state.pa.us](http://www.phrc.state.pa.us)
3. Federal laws: Equal Employment Opportunity Commission (EEOC) Pittsburgh Office, 412-395-5902  
[www.eeoc.gov](http://www.eeoc.gov)

#### Working with a disability:

1. Ticket to Work and many work incentives for SSDI and/or SSI: [www.ssa.gov](http://www.ssa.gov)
2. Medical Assistance for Workers with Disability/MAWD: [www.dpw.state.pa.us](http://www.dpw.state.pa.us)
3. Benefits counseling at AHEDD (see above)

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[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

## Pennsylvania Department of Human Services

[www.dhs.pa.gov](http://www.dhs.pa.gov)

The Pennsylvania Department of Human Services is comprised of the following seven offices: Office of Child Development and Early Learning, Office of Children, Youth and Families, Office of Developmental Programs, Office of Income Maintenance, Office of Long Term Living, Office of Medical Assistance Programs and the Office of Mental Health and Substance Abuse Services. The department administers services that provide care and support to Pennsylvania's most vulnerable citizens.

The Commonwealth of Pennsylvania now has an online application for social services like cash assistance, food stamps, medical assistance, Medicare, Medicaid and more.

[www.COMPASS.state.pa.us](http://www.COMPASS.state.pa.us)

<p><b>STATEWIDE OFFICE</b>  <b>County Assistance</b>  <b>877-395-8939</b>  301 Fifth Avenue, Piatt Place  Suite 470  Pittsburgh, PA 15222  <b><u>LIHEAP (cash) 412-562-0330</u></b></p> <p><b>Institution-Related Eligibility</b>  301 Fifth Avenue, Piatt Place  Suite 420 (IRED)  Pittsburgh, PA 15222  412-565-5604</p>	<p><b>DISTRICT OFFICES</b>  <b>located at Warner Center</b></p> <p><b>Three Rivers District</b>  332 Fifth Avenue 2<sup>nd</sup> Floor  Pittsburgh, PA 15222  412-565-7755</p> <p><b>Liberty District</b>  332 Fifth Ave. 3rd Floor  Pittsburgh PA 15222  412-565-2652</p> <p><b>Southern District</b>  332 Fifth Avenue #: 230  Pittsburgh, PA 15222  412-565-2232</p>	<p><b>Greater Pittsburgh East</b>  5947 Penn Avenue, 2<sup>nd</sup> Floor  Pittsburgh, PA 15206-3844  412-645-7400 or 7401</p> <p><b>Southeast District</b>  220 Sixth Street  McKeesport, PA 15132  412-664-6800 or 6801</p> <p><b>Alle-Kiski District</b>  909 Industrial Boulevard  New Kensington, PA 15068  724-339-6800</p>
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### Food Stamp Screening Programs

Provide outreach and assistance by phone to help people who may be unsure if they qualify for food stamps.

**Urban League of Pittsburgh, Food Stamp Outreach and Enrollment Program**  
1-866-395-FOOD (3663)

[www.ulpg.org/programs/housing/hunger-services](http://www.ulpg.org/programs/housing/hunger-services)

**Greater Pittsburgh Community Food Bank, Food Stamp Outreach Coordinator**  
412-460-3663 Ext. 220

[www.pittsburghfoodbank.org/what-we-do/resources-to-people/snap](http://www.pittsburghfoodbank.org/what-we-do/resources-to-people/snap)

**Just Harvest, Food Stamp Participation Assistance**  
412-431-8960 Ext. 602

<http://justharvest.org/get-help/snap-food-stamps>

### US SOCIAL SECURITY ADMINISTRATION

1-800-772-1213, [www.ssa.gov](http://www.ssa.gov)

**Main Office (Downtown)**  
921 Penn Avenue, Pittsburgh, PA 15222

**Mt. Lebanon Branch**  
650 Washington Road, #120, Pittsburgh, PA 15228

**East Liberty Branch**  
6117 Station Street, Pittsburgh, PA 15206

**McKeesport Branch**  
540 5th Avenue, McKeesport PA 15132

**Monroeville Branch**  
400 Oxford Drive, #210, Monroeville, PA 15146

Updated June 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)



*Family Support Centers are based on the philosophy that the most effective way to ensure the healthy development and growth of young children is by supporting the families and communities in which they live.*

*Family Support Centers are designed to increase the strength and stability of families, to increase parents' confidence in their parenting abilities and to offer children a stable and supportive family environment. These centers offer the opportunity for families to receive intensive, comprehensive, and culturally relevant services through home visits as well as center-based visits. Parenting education is provided.*

<http://alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Parent-Caregiver-Support/Family-Support-Centers.aspx>

FAMILY SUPPORT CENTER	CONTACT	PHONE & EMAIL	AREA SERVED
Braddock Family Care Connection 849 Braddock Avenue Braddock, PA 15104	Ginger Napier	(412) 273-4611 <a href="mailto:mary.napier@pitt.edu">mary.napier@pitt.edu</a>	Braddock, North Braddock
Carnegie Family Center The Beechwood 820 Capital Drive Carnegie, PA 15106	Anne Cassol	(412) 758-8171 <a href="mailto:anne.alshannaq@aiu3.net">anne.alshannaq @aiu3.net</a>	Carnegie
Clairton Family Center 734 Miller Avenue Clairton, PA 15025	Jawanna Warren	(412) 233-8325 <a href="mailto:clairtonfc@aiu3.net">clairtonfc@aiu3.net</a>	Clairton West Mifflin Elizabeth
Duquesne Family Center Duquesne Education Center 300 Kennedy Avenue Duquesne, PA 15110	Jan Gooden	(412) 466-5300 ext. 3007 <a href="mailto:jannetha.gooden@aiu3.net">jannetha.gooden@aiu3.net</a>	Duquesne Monview Heights
Duquesne Family Support Center One Library Place Duquesne, PA 15110	Brenda Sorrentino	(412) 469-9870, ext.111 <a href="mailto:bmiljus@ulpgh.org">bmiljus@ulpgh.org</a>	Duquesne West Mifflin
East Allegheny Family Center 200 Westinghouse Avenue Wilmerding, PA 15148	Melissa Rider	(412) 829-6171 <a href="mailto:eastalleghenyfc@aiu3.net">eastalleghenyfc@aiu3.net</a>	Wilmerding, Wall East McKeesport Monroeville, Pitcairn N. Versailles
East Hills Family Support Center 2320 East Hills Drive Pittsburgh, PA 15221	Val Chavis	(412) 727-2640 <a href="mailto:vchavis@ulpgh.org">vchavis@ulpgh.org</a>	East Hills
East Liberty Family Support Center 6435 Frankstown Avenue Pittsburgh, PA 15206	Lynette Drawn Williamson	(412) 362-7609 ex. 161 <a href="mailto:ldwilliamson@kingsleyassociation.org">ldwilliamson@kingsleyassociation.org</a>	East Liberty Garfield, Larimer
Greater Hazelwood Family Center 5006 Second Avenue Pittsburgh, PA 15207	Danielle Gill	(412) 904-2005 <a href="mailto:dgill@cotraic.org">dgill@cotraic.org</a>	Hazelwood, Glenwood, Glen Hazel, Greenfield, Hays, Lincoln Place

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<b>FAMILY SUPPORT CENTER</b>	<b>CONTACT</b>	<b>PHONE &amp; EMAIL</b>	<b>AREA SERVED</b>
Highlands Family Center 415 Fourth Avenue Tarentum, PA 15084	Jeannine Dennis	(724) 224-9006 <a href="mailto:highlandsfc@aiu3.net">highlandsfc@aiu3.net</a>	Tarentum, Brackenridge, Natrona, Natrona Hts.
Hill District Center for Nurturing Families 1801 Centre Avenue, suite 200 Pittsburgh, PA 15219	Doreen Glover	(412) 363-1702 x 1423 <a href="mailto:dglover@familyresources.org">dglover@familyresources.org</a>	Hill District Oakland
Hilltop Family Care Connection 1630 Arlington Avenue Pittsburgh, PA 15210	Kelly Cavanaugh	(412) 432-1635 <a href="mailto:Kelly.Cavanaugh@chp.edu">Kelly.Cavanaugh@chp.edu</a>	Mt. Oliver, Knoxville, Beltzhoover, Allentown
Homewood Brushton Family Support 579 Rosedale Street Pittsburgh, PA 15208	Tracy Butlis	(412) 727-6649 <a href="mailto:tracy@tryingtogether.org">tracy@tryingtogether.org</a>	Homewood Brushton
Latino Family Center 5450 Second Avenue, 2 <sup>nd</sup> floor Pittsburgh, PA 15207	Martha Sherlock	(412) 325-8111 <a href="mailto:latinofc@aiu3.net">latinofc@aiu3.net</a>	County-wide for families of Latin descent
Lawrenceville Family Care Connection 5235 Butler Street Pittsburgh, PA 15201	Elaine Jans	(412) 784-8683 <a href="mailto:Elaine.jans@chp.edu">Elaine.jans@chp.edu</a>	Lawrenceville Sharpsburg, Etna
Lincoln Park Family Center 7300 Ridgeview Avenue Penn Hills, PA 15235	Nikisha Cunningham	(412) 394-5962 <a href="mailto:nikisha.cunningham@aiu3.net">nikisha.cunningham@aiu3.net</a>	Bloomfield, Garfield Penn Hills, Verona, Lincoln Park
McKeesport Family Center 339 5 <sup>th</sup> Avenue McKeesport, PA 15132	Laura Bosnak –Thompson	(412) 672-6970 <a href="mailto:mckeesportfc@aiu3.net">mckeesportfc@aiu3.net</a>	McKeesport, Dravosburg White Oak
Northview Heights Family Support Center Arthur J. Edmunds Center 101 Hazlett Street Pittsburgh, PA 15214	Sara Nevels	(412) 323-1020 <a href="mailto:snevels@ulpgh.org">snevels@ulpgh.org</a>	Northview Heights, Northside Spring Hill Fineview
Penn Hills Family Care Connection	Isaac Kivuva	(412) 271-3408 <a href="mailto:Isaac.kivuva@chp.edu">Isaac.kivuva@chp.edu</a>	Penn Hills
Positive Parenting Father Ryan Arts Center 420 Chartiers Avenue McKees Rocks, PA 15136	Adrienne Roberts	(412) 771-6460 <a href="mailto:aroberts@forstorox.org">aroberts@forstorox.org</a>	McKees Rocks, 15204 and 15205
Prospect Park Family Center 1450 Maple Drive Pittsburgh, PA 15227	Courtney Macurak	(412) 885-0284 <a href="mailto:cmacurak@shim-center.org">cmacurak@shim-center.org</a>	Baldwin, Whitehall
Providence Family Support Center 3113 Brighton Road Pittsburgh, PA 15212	Tish Donze	(412) 766-6730 <a href="mailto:tdonze@providenceconnections.org">tdonze@providenceconnections.org</a>	Marshall Shadeland Perry Hilltop, Other North Side Neighborhoods

# Family Support Centers



**FAMILY SUPPORT CENTER****CONTACT****PHONE & EMAIL****AREA SERVED**

Rankin Family Care Connection  
320 Third Street  
Rankin, PA 15104

Ginger Napier

(412) 271-3408  
[mary.napier@pitt.edu](mailto:mary.napier@pitt.edu)

Rankin,  
Swissvale

Steel Valley Family Center  
302-306 E.8<sup>th</sup> Avenue  
Homestead, PA 15120

Holly Cherpak

(412) 461-8019  
[steelvalleyfc@aiu3.net](mailto:steelvalleyfc@aiu3.net)

Homestead,  
Munhall, W. Homestead

Sto-Rox Family Center  
618 Russellwood Avenue  
McKees Rocks, PA 15136

Edie Khoury

(412) 771-7166  
[storoxfc@aiu3.net](mailto:storoxfc@aiu3.net)

McKees Rocks  
Sheraden  
Coraopolis

Turtle Creek Family Care Connection  
208 Penn Plaza Shopping Center  
Turtle Creek, PA 15145

MaryLouise Fuga

(412) 829-8982  
[marylouise.fuga@chp.edu](mailto:marylouise.fuga@chp.edu)

Turtle Creek  
Monroeville,  
E. Pgh, Pitcairn

Wilkinsburg Family Center  
907 West Street, 5<sup>th</sup> Fl.  
Wilkinsburg, PA 15221

Medina Goudelock

(412) 371-5934  
[wilkinsburgfc@aiu3.net](mailto:wilkinsburgfc@aiu3.net)

Wilkinsburg  
Forest Hills  
East Hills

Wilkinsburg Family Support Center  
807 Wallace Street  
Wilkinsburg, PA 15221

Paulette Davis

(412) 871-7948  
[pdavis@pchspitt.org](mailto:pdavis@pchspitt.org)

Wilkinsburg and  
adjacent communities

# Family Support Centers

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## FATHER'S / MEN'S RESOURCES

**Note: Family Support Centers are resources for all parents including fathers.**  
**In addition to the resources below, please visit the "Family Support Centers" page in this packet.**

		Located	Serves
<b>Allegheny Family Network</b> <b>Fathers Involved Now</b> 425 N. Craig St., Suite 500, Pittsburgh, Pa 15213 <i>Focusing on the issues and concerns that fathers face daily nurturing connections with their children.</i>	(412) 246-2030	Pittsburgh	Allegheny Co.
<a href="http://www.alleghenyfamilynetwork.org">www.alleghenyfamilynetwork.org</a>			
<b>All PRO DAD</b> <b>National Website</b> <i>Advice on how to love and lead your family well, strengthening families everywhere.</i>	<a href="http://www.allprodad.com">www.allprodad.com</a>		Nationwide
<b>Arsenal Family &amp; Children Center</b> 336 S. Aiken Avenue Pittsburgh, PA 15232 <i>Parenting Mentoring Program offering one-on-one parent education sessions.</i>	(412) 345-0008	Shady Side	Allegheny County
<a href="http://www.arsenalfamily.com">www.arsenalfamily.com</a>			
<b>Center For Family Excellence</b> <b>Male Mentoring Program</b> 409 Dinwiddie St Pittsburgh PA 15219 <i>Strengthens families by helping teenage and adult males address issues that separate them from their families.</i>	(412) 232-0322 x13	Pittsburgh	Allegheny County
<a href="http://www.cffei.org/">www.cffei.org/</a>			
<b>Incredible Years-Basic Parenting</b> <b>Wesley Family Svc-Parent Wise Program</b> 521 Plymouth Street, Greensburg, PA 15601 <i>Free 15-week program dealing with topics of interest to fathers of young children.</i>	(724) 217-8303	Greensburg	Westmoreland Allegheny Counties
<b>Father's Collaborative Council</b> <b>475 East Waterford Avenue</b> Homestead, Pa 15120 <a href="https://www.facebook.com/#!/pages/FATHERS-Collaborative-Council-FCC/315754551834465">https://www.facebook.com/#!/pages/FATHERS-Collaborative-Council-FCC/315754551834465</a>	(412) 394-5955	Homestead	SW PA
<b>Healthy Start Inc., Male Initiative Program</b> Lexington Tech. Park, 400 N. Lexington Street Pittsburgh, PA 15208 <i>Make referrals to many supportive services that focus on the 3-R's=Relationships, Responsibilities and Resources</i>	(412) 723-1342	Point Breeze	Allegheny Co.
<a href="http://www.healthystartpittsburgh.org">www.healthystartpittsburgh.org</a>			
<b>National Fatherhood Initiative</b> 12410 Milestone Ctr Drive, Suite 600 Germantown, Maryland 20876 <i>Provides training, technical assistance and father-specific resources to organizations.</i>	(301) 948-0599		Nationwide
<b>National Responsible Fatherhood Clearinghouse</b> <b>National Website</b> <i>Resources for fathers, providers and the public at large interested in supporting strong fathers and families.</i>	1-877-4DAD411		Nationwide
<a href="http://www.fatherhood.gov">www.fatherhood.gov</a>			
<b>Young Fathers Employment Program</b> <b>Hill House Association</b> 1835 Centre Avenue, Pittsburgh., Pa 15219 <i>Employment readiness, development, placement program, parenting/ life skills for young fathers age 17-24.</i>		Hill District	Allegheny

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[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)



LISTED BELOW ARE SOME PROGRAMS IN ALLEGHENY COUNTY PROVIDING MONETARY ASSISTANCE  
Many churches can also assist consumers with urgent financial needs.

## General Financial Assistance

### **Allegheny Valley Association of Churches, Emergency Financial Assistance, 724-226-0606 [avaoc.org](http://avaoc.org)**

The Emergency Assistance program provides short-term emergency assistance to families and individuals in need in the Allegheny Valley area. We help with rent and utility payment assistance, emergency food, clothing and shoe vouchers, gasoline vouchers, bus passes, prescriptions and referrals.

### **Catholic Charities / Basic Needs Assistance Line, 412-456-6999 [ccpqh.org](http://ccpqh.org)**

A small amount of financial aid is given to an individual in crisis. Additional consideration may be given to senior citizens. Funds are used for emergency financial needs and are not applicable to rent or security deposits. Consumers need not be referred by a social service agency.

### **Hebrew Free Loan Association of Pittsburgh, 412-422-8868, [hflapgh.org](http://hflapgh.org)**

Provides interest-free loans through a confidential, in-person application process to meet a variety of needs. Loans typically require a cosigner who has a source of income, has good credit and owns property in Allegheny County. Applicants must have a source of income and be permanent residents of Allegheny County. Call or visit the web site for more information.

### **North Hills Community Outreach, 412-487-6316, [nhco.org](http://nhco.org)**

Provides emergency food and financial assistance to families in crisis (i.e. food, energy assistance, budgeting, case management). Consumers must live in school districts of Hampton, Shaler, North Hills, North Allegheny, Pine-Richland, Northgate, Deer Lakes, Fox Chapel and Avonworth.

### **Salvation Army - 412-446-1500 [wpa.salvationarmy.org](http://wpa.salvationarmy.org)**

Assistance may be provided for help with food, clothing and utility bills pending availability. Call the phone number above with the zip code of the person in need, to be referred to the consumer's local Salvation Army Unit.

### **St. Vincent DePaul Society - Main Office Number 412-321-1071 \*2 [svdpitt.org](http://svdpitt.org)**

Emergency help to those in need of material assistance: services provided through a volunteer network of the parishes of the Catholic Church and rendered according to availability. Services include referral counseling, food distribution, and application utility assistance. Organizations can apply to be 'partner agency' and can get direct help for those they serve. Contact the number above to be referred to the consumer's local church or the central office will assist.

## Housing Assistance

### **Action Housing, Mortgage Assistance Program, 412-281-2102, [actionhousing.org](http://actionhousing.org)**

ACTION-Housing's Mortgage Assistance Program and the Pennsylvania Homeowners Emergency Mortgage Assistance Program (HEMAP - 800-342-2397) enable long-term unemployed homeowners to save their homes from foreclosure through counseling and direct financial assistance.

[www.alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx](http://www.alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx)

### **Department of Human Services (State), Emergency Shelter Assistance Fund, 412-565-2146**

Provides financial assistance in order to prevent eviction or foreclosure, obtain permanent housing, or obtain temporary shelter. Consumers must be receiving public assistance benefits to qualify.

### **NeighborWorks Western Pennsylvania, email: [info@nwwpa.org](mailto:info@nwwpa.org), web site: [nwwpa.org](http://nwwpa.org) 412-281-9773**

Provides financial empowerment that promotes homeownership, stable and happy homes and vibrant communities by offering credit/budget counseling, pre-purchase, pre-settlement and post purchase counseling, home buyer education, home financial education and foreclosure prevention services.

## Rental Assistance for Homeless or Eviction Prevention

### **Allegheny Link, M-F 8am-7pm, 1-866-730-2368, [alleghenylink@alleghenycounty.us](mailto:alleghenylink@alleghenycounty.us)**

[www.alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx](http://www.alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx)

Provides information on services available to help older adults, people with disabilities and individuals who are homeless or at risk of becoming homeless, maintain their independence, dignity and quality of life. Specialists will screen for eligibility and access to rental assistance and first month's rent/security deposit.





# WHERE CAN I FIND FOOD???



Allegheny County Department of Human Services provides a comprehensive listing of food assistance and food providers at the following website:

[www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Food-Assistance.aspx](http://www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Food-Assistance.aspx)

## URBAN LEAGUE/HUNGER SERVICES

[www.ulpgh.org/programs](http://www.ulpgh.org/programs)

The Urban League of Greater Pittsburgh shares a deep commitment to ending hunger in the Pittsburgh region. **UL/Hunger Services** offers three programs to help secure food for your family, including **Emergency Food Assistance (EFA)**, **Food for Early Development (FED)**, and the **Supplemental Nutrition Assistance Program (SNAP)**. These services are provided to individuals or families who reside in Allegheny, Beaver, Butler, Greene, Lawrence, Washington or Westmoreland Counties.

- ✓ **Emergency Food Assistance (EFA)**, helps eligible families get food when the need is greatest. EFA is the official neighborhood food pantry referral agent for the Greater Pittsburgh Community Food Bank (GPCFB). EFA refers eligible families to a broad network of neighborhood food pantries and community feeding facilities.
- ✓ **Food for Early Development (FED)**, helps eligible families that do not receive WIC benefits. FED offers baby formula, soft foods, diapers, bottles and wipes.
- ✓ **Supplemental Nutrition Assistance Program (SNAP)**, is available with pre-screening & enrollment in the program. SNAP is funded by the Commonwealth of Pennsylvania Department of Public Welfare, Office of Income Maintenance. The Mission of SNAP is to provide economic and nutritional benefits through "America's best defense against hunger."

To access these services call 1-866-395-3663. Messages are recorded 24 hours a day. Applications for SNAP can be taken by phone.

## WIC

*Women, Infants & Children Program*  
[www.achd.net/wic](http://www.achd.net/wic) or (412) 350-5801

**WIC** provides a variety of health and nutrition services for medically or nutritionally at-risk mothers and their children including individualized nutrition education; supplemental nutritious foods and infant formula; breastfeeding support; referrals to health care and community services; immunization screenings; food vouchers redeemable at participating grocery stores and farmers markets. If you or your child are on medical assistance, food stamps or TANF you automatically meet WIC guidelines.

## GREATER PITTSBURGH

*Community Food Bank*

[www.pittsburghfoodbank.org](http://www.pittsburghfoodbank.org) or (412) 460-3663

The **Food Bank** is the supplier of food pantries, soup kitchens, congregate feeding facilities, shelters and other community programs. The **Produce to People** program is the Food Bank's largest mobile pantry program. Each family receives 30-50 pounds of food, including fresh produce. Produce to People is an additional resource to our local pantries and participants are able to come to as many distributions as needed while still attending a local pantry.

## THE BRASHEAR ASSOCIATION

[www.brashearassociation.org/programs/food-assistance](http://www.brashearassociation.org/programs/food-assistance)  
(412) 431-2236

The Brashear Association's food pantry provides food and other commodities to low-income individuals and families two days each week at Brashear and Kaufmann Centers. Participants may obtain food every month. Information concerning public benefits and other services is also available.

## HOME DELIVERED MEALS

[www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Food-Assistance.aspx](http://www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Food-Assistance.aspx)  
(412) 350-5460

### Adults 60 and over ONLY

Nutritious prepared meals and friendly smiles are delivered five days a week to individuals who cannot shop/cook for themselves due to injury, illness, or other medical and mobility issues. Voluntary donations are requested.

## DOWNTOWN MINISTERIUM WALK-IN MINISTRY

*Five churches downtown rotate weekly providing bags of food serving those in need, food pantries must be accessed first.*

\*St. Mary of Mercy (412) 261-0110

\*1st Lutheran (412) 471-8125

\*Smithfield United (412) 281-1811

\*1st Presbyterian (412) 471-3436

\*Trinity Cathedral (412) 232-6404

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[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)







## FOREIGN LANGUAGE ACCESS



*Title VI of the Civil Rights Act (1964) protects persons from discrimination based on their race, color and national origin, including language. Organizations receiving federal assistance must provide meaningful access to their programs and services for individuals and families with limited English proficiency.*

### **Serving Individuals with Limited English Proficiency (LEP)**

*Consider the following steps, as an organization and an individual, to ensure quality service to LEP clients.*

- Establish organization-wide language access protocols, policies, and resources.
- Be prepared to identify LEP individuals and assess the need for language assistance services.
- Offer language services free of charge to those with LEP needs in their preferred language.
- Provide easy-to-understand print and signage in languages commonly used in your area.
- Plan to use additional time during meetings for interpretation.
- Employ bilingual staff and train or test for interpreter proficiency.
- Form relationships with professional and volunteer language service providers.
- Partner with specialists in ethnic and immigrant-serving organizations.
- Find cultural moderators: Individuals who can bridge cultures.

### **Communicating Across the Language Barrier**

*Regardless of LEP, you can encourage and participate in meaningful communication. Consider the following:*

- Greet the individual warmly and ask how they prefer to be addressed.
- Speak clearly and concisely, slow down your rate of speech, and pause if needed.
- Choose simple words and phrases, and avoid jargon or idioms (e.g., it's a piece of cake).
- Explain procedures simply and offer to repeat.
- Encourage questions and give time to respond.
- Use active listening to clarify what you've heard.
- Check for understanding and agreement; don't rely on a nod or smile.

### **Foreign Language Interpretation and Written Translation Services\***

#### **On-site, In-person Interpretation**

- + Trust Point Translations, LLC  
(formerly Echo International):  
412-261-1101
- + Pittsburgh Language Access Network  
(PLAN): 412-281-1375
- + Global Wordsmith: 412-228-0240

#### **Telephonic Interpretation**

- + Trust Point Translations, LLC: 412-261-1101
- + Language Line: 800-752-6069
- + Global Wordsmith: 412-228-0240

- + **Use trained and certified adult interpreters; do not rely on children.**
- + **Talk to the interpreter before the meeting.**
- + **Clarify roles: the Service Provider, the Interpreter, and LEP Participant.**
- + **Address the client, not the interpreter.**

\*This is a list of some available resources. DHS does not endorse specific providers of language services.

## FURNITURE

Thrift Shops are a good resource for low cost furniture, baby furniture, clothing, chairs, and household items. A comprehensive list can be found in the yellow pages or online ([www.shopans.org](http://www.shopans.org)). Most of the time, consumers need to be prepared to arrange for delivery, because most thrift shops do not provide delivery services.

### APPLIANCE WAREHOUSE [www.appliancewarehouse.com](http://www.appliancewarehouse.com) (412) 381-8800

Sells/rents large new, or used appliances; has a 10 month rent-to-own program.  
20 South 6<sup>th</sup> Street, Pittsburgh, PA 15203

### THE BLESSING BOARD [www.blessingboard.org](http://www.blessingboard.org) (412) 828-1055

Gives away household goods to anyone who needs or wants them. No delivery services are available.

140 Pennsylvania Avenue, Oakmont, PA 15139

820 Market Street McKeesport, PA 15132

### CONSTRUCTION JUNCTION [www.constructionjunction.org](http://www.constructionjunction.org) (412) 243-5025

This organization supports and promotes conservation through the reuse of building materials and provides usable building materials & household items to people in the community at a very low cost.  
214 N. Lexington Street, Pittsburgh, PA 15208

### EAST END COMMUNITY THRIFT (THRIFTY) [www.thomasmertoncenter.org/thrifty](http://www.thomasmertoncenter.org/thrifty) (412) 361-6010

Open to the community offering clothing, furniture, and small appliances. Social service workers can fill out an application on behalf of their consumer to receive a small voucher to be used for household items within this thrift shop. Call directly for the guidelines and an application.

5123 Penn Avenue, Pittsburgh, PA 15224

### GOODWILL THRIFT STORES [www.goodwillswpa.org/goodwill-stores](http://www.goodwillswpa.org/goodwill-stores)

Addresses and more area locations available at the website above.

Computer store location in Lawrenceville: [www.goodwillswpa.org/computer-store](http://www.goodwillswpa.org/computer-store)

Computer store: 125 51<sup>st</sup> Street, Pittsburgh, PA 15201

### OFF THE FLOOR [www.offthefloorpgh.org](http://www.offthefloorpgh.org) 412-926-5053

Off the Floor Pittsburgh is a local Christian volunteer ministry which, since 2004, has provided basic used furniture like beds, dressers, tables, and chairs to disadvantaged families who need these items. Referrals via a partner agency is required for services. Delivery may be arranged.

901 Allegheny Avenue, Pittsburgh, PA 15233, [info@offthefloorpgh.org](mailto:info@offthefloorpgh.org)

### THE SALVATION ARMY FAMILY THRIFT STORE

Vouchers may be provided to individuals in need for use at the Salvation Army Thrift Shop. Social service workers can call for the guidelines and an application. Located on same block as the Birmingham Free Clinic (South Side).

44 South 9<sup>th</sup> Street, Pittsburgh, PA 15203, (412) 481-7900

### ST. VINCENT DEPAUL SOCIETY

Social service workers, priests and pastors are able to refer for vouchers for low or no cost items.

Coraopolis: (412) 264-2378 · 415 Chess Street, Coraopolis, PA 15108

Swissvale: (412) 871-3793 · 7402 Church Street, Pittsburgh, PA 15218

Monroeville: (724) 733-8585 · 1730 Golden Mile Highway, Monroeville, PA 15146

Sharpsburg: (412) 781-2020 · 900 Main Street, Pittsburgh, PA 15215

Castle Shannon: (412) 882-8519 · 3423 Library Road, Pittsburgh, PA 15234

Butler: (724) 287-8682 · 226 Greater Butler Mart Butler PA 16001

## ONLINE RESOURCES

Please consider visiting web sites such as [www.craigslist.com](http://www.craigslist.com) or [www.freecycle.org](http://www.freecycle.org) for low cost or free used furniture and household items in your area.

Updated June 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

**GRANDPARENTS RAISING GRANDCHILDREN (see also "Family Support Centers")**

	Located	Serves
<b>Allegheny Cty Department of Human Services</b> <b>Family Caregiver Support Program</b> 2100 Wharton Street, Second Floor, Pittsburgh, PA 15203 <i>Caregiver program that can offer a reimbursement resource option to families caring for a child 0-18 years old</i>	(412) 350-5460 Downtown	Allegheny Co.
<b>A Second Chance, Inc.</b> Grandparent Support Group <i>Meets every 3rd Tuesday of each month to assist grandparents in the job of caring for their grandchildren</i>	(412) 342-0600 <a href="http://www.asecondchance-kinship.com">www.asecondchance-kinship.com</a>	Allegheny Co.



## HIV/AIDS & SEXUALLY TRANSMITTED DISEASES

	Located	Serves
<b>Allegheny County Health Department</b> 542 Fourth Avenue Pittsburgh, PA 15219 <i>STD and HIV testing</i>	(412) 687-2243 achd.net STD testing: (412) 578-8081	Downtown Allegheny Co.
<b>Persad Center, Inc.</b> 5301 Butler St. Pittsburgh, PA 15201 <i>LGBT outpatient counseling for individuals/sexual minorities, also for couples &amp; families, support groups</i>	(412) 441-9786 (888)873-7723	Lawrenceville Tri-State area
<b>The Positive Health Clinic</b> <b>Allegheny General Hospital</b> 1307 Federal Street, Pittsburgh, PA 15212 <i>Early HIV intervention and treatment, case management, family &amp; individual counseling, referrals</i>	(412) 359-3360 <i>For HIV testing &amp; referral line (412) 359-4424</i> <a href="http://www.wpahs.org">www.wpahs.org</a>	North Side Allegheny Co.
<b>Prevention Point Pittsburgh</b> 460 Melwood Avenue, Ste 205 Pittsburgh, PA 15213 <i>Providing health empowerment services to injection drug users to reduce spread of diseases.</i>	(412) 247-3404 <a href="http://www.pppgh.org">www.pppgh.org</a>	Oakland Allegheny Co.
<b>Shepherd Wellness Community</b> 4800 Sciota Street Pittsburgh, PA 15224-2127 <i>Helping people living with HIV/AIDS improve their wellness.</i>	(412) 683-4477 <a href="http://www.swconline.org/">www.swconline.org/</a>	Bloomfield Allegheny Co.
<b>University of Pittsburgh Medical Center</b> <b>Pittsburgh AIDS Center for Treatment (PACT)</b> <b>Pitt Treatment Evaluation Unit (PTEU)</b> <i>Participation in experimental studies, services are free of charge</i>	(412) 647-7228 (412) 647-8125	Oakland No Restrictions

## SUBSIDIZED HOUSING

### Housing Authorities

#### **Allegheny County**

625 Stanwix Street

12<sup>th</sup> Floor

Pittsburgh, PA 15222

**Subsidized housing (412) 355-8940**

**Section 8 (412) 355-8940** (then press 2)

[www.achsng.com](http://www.achsng.com)

#### **City of Pittsburgh**

200 Ross Street, 9<sup>th</sup> Floor

Pittsburgh, PA 15219

**Subsidized housing (412) 456-5030**

**Section 8 (412) 456-5090**

( number for existing Section 8 participants)

[www.hacp.org](http://www.hacp.org)

#### **McKeesport**

2901 Brownlee Street, 2nd Floor

McKeesport, PA 15132

**(412) 673-6942**

[www.mckha.org](http://www.mckha.org)

#### **Housing and Urban Development**

**(HUD)** provides two lists (1) for families and (2) for older adults of all the subsidized housing options available in Allegheny County. This list contains housing authority and private landlord (such as non-profit management programs) properties. Each property maintains its own waiting list.  
**(412) 644-6428, [www.hud.gov](http://www.hud.gov)**

#### **Housing Choice Voucher (HCV) Program (Section 8)**

is available nationwide. Any property can be rented if the landlord is willing to participate in the HCV program and the property meets certain safety and sanitation standards. Voucher holders pay 30% of their income towards rent and there is a cap on the total rent amount. With a Voucher, the individual pays a set rent amount and the local housing authority pays the remaining rent.

Occupants of **subsidized housing** (also known as **public housing**) pay no more than 30% of their income for rent.



## Housing Programs



### HOUSING COUNSELING

#### **ACTION-Housing**

Mission: To empower people to build more secure and self-sufficient lives through the provision of decent, affordable housing, essential supportive services, asset building programs, and educational and employment opportunities. A history of serving the most vulnerable populations, including veterans, homeless families, and youth aging out of the foster care system [ahi@actionhousing.org](mailto:ahi@actionhousing.org) / [www.actionhousing.org](http://www.actionhousing.org) / **(412) 281-2102**

**Allegheny Housing Rehabilitation Corporation (AHRCO)** provides a housing management program which offers subsidized and non-subsidized housing in specific neighborhoods of the county. Main office **(412) 687-6200**

**NeighborWorks Western Pennsylvania** provides financial empowerment that promotes homeownership, stable and happy homes and vibrant communities by offering credit/budget counseling, pre-purchase, pre-settlement and post purchase counseling, home buyer education, financial education and foreclosure prevention services.

[info@nwwpa.org](mailto:info@nwwpa.org) / [www.nwwpa.org](http://www.nwwpa.org) / **(412) 281-9773**

**Supportive Relocation Program/Community Human Services** provides case management services, relocation for homeless individuals and families. **(412) 246-1640 or (412) 621-6513**

### RENTAL ASSISTANCE for HOMELESS or EVICTION PREVENTION

If rental assistance to prevent eviction or for first month's rent is needed, contact Coordinated Entry at the Allegheny Link to discuss options and eligibility **(866) 730-2368**

The Department of Human Services provides detailed listing for **homeless services** online via the Allegheny Link webpage: [www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Homeless-Services.aspx](http://www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Homeless-Services.aspx)

### HOUSING REPAIR

#### **AHILP / Allegheny HOME IMPROVEMENT LOAN PROGRAM (412) 350-6337**

The Department of Economic Development provides financial help for home improvements to qualifying (elderly/very low income/disabled) residents of most neighborhoods in Allegheny County.

**HOME IMPROVEMENT LOAN PROGRAM for Pittsburgh, city Residents (412) 255-6600**  
Urban Redevelopment Authority of Pittsburgh provides low-interest loans and below-interest mortgage programs to Pittsburgh city residents. **(412) 255-6573**

#### **ACTION HOUSING GRANT PROGRAM (412) 281-2102 Ext. 2036**

Action Housing Accessibility Modification Program provides grants to eligible (elderly/disabled) residents of our county to make their home accessible.

#### **HOSANNA INDUSTRIES (724) 770-0262**

provides construction services (including disability access improvements) for needy qualified low-income households as well as disaster relief services.

#### **HABITAT FOR HUMANITY OF GREATER PITTSBURGH (412) 351-0512**

provides housing services to low-income residents of Allegheny County including rehabilitation and weatherization programs.

### WEATHERIZATION

**ACTION-Housing (412) 281-2102 Weatherization Program** - provides free weatherization to low-income homeowners, elderly, and even renters throughout Allegheny County outside of the City of Pittsburgh. Must meet income eligibility requirements.

### HANDYMAN JOBS

**Pittsburgh Project** provides minor repairs, including painting, drywall, and gardening for the owner-occupied homes of those who physically or financially cannot do the work for themselves.

Available for homeowners age 60 and older with income eligibility requirements **(412) 321-1678**

**City of Pittsburgh City Cuts** provides free lawn cutting program for seniors (62+), veterans, and persons with disabilities. Grass cutting service will be provided bi-weekly, weather permitting, from July- September.

Must reside in the City of Pittsburgh. Apply by calling 311, filling out the online form, or visiting any Carnegie Library  
[www.pittsburghpa.gov/citycuts](http://www.pittsburghpa.gov/citycuts)

Updated June 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

**IT IS DIFFICULT TO ACCESS MANY SERVICES WITHOUT PROPER IDENTIFICATION.**  
The following information is provided to assist in acquiring proper identification if needed.

#### **BIRTH AND DEATH CERTIFICATES**

**WHERE:** Pennsylvania Department of Health

**HOW:** [www.health.pa.gov/myrecords/certificates](http://www.health.pa.gov/myrecords/certificates) (Online ordering available)

#### **BIRTH AND DEATH CERTIFICATES**

**WHERE:** Division of Vital Records

Pittsburgh State Office Building, 411 Seventh Avenue Suite 360, Pittsburgh, PA 15219  
(recorded message) or 844-228-3516 or 412-565-5113

#### **COST:**

- \$20.00 fee per copy. Check or money order only, no cash accepted
- Fee not required for active or inactive members of the armed forces or their dependents
- Information required for obtaining a birth certificate:
  - Full name, gender, date of birth, and city and county of birth
  - Parents' names, including mother's maiden name
  - Reason for request
  - Relationship to the person (if requesting records of someone other than self)
  - Applicant's phone number, including area code, and mailing address, and signature

#### **CRIMINAL RECORDS**

**WHERE:** Allegheny County Courthouse, 436 Grant Street, Pittsburgh, PA 15219, 1<sup>st</sup> and 2<sup>nd</sup> floors, Clerk of Courts  
412-350-5322 (then press 8)

**HOW:** Search computer records by name, date of birth, Social Security number, or case number. Search paper files by name or case number.

**FYI:** Public information (charges and the disposition of the case) is available. For more information, you can fill out a form and the entire file will be retrieved. Public Court Docket information can be accessed online at:

[www.ujportal.pacourts.us/DocketSheets/MDJ.aspx](http://www.ujportal.pacourts.us/DocketSheets/MDJ.aspx)

#### **DRIVERS LICENSE/NON-DRIVERS LICENSE PHOTO IDENTIFICATION**

**WHERE:** Department of Motor Vehicles

**HOW:** phone 1-800-932-4600 or internet [www.dmv.pa.gov](http://www.dmv.pa.gov)

**FYI:** Information regarding drivers license centers in the state. You can search by zip code or county to locate a DMV center in your area. Information on renewing/obtaining a driver's license or photo ID.

#### **IMMIGRATION RECORDS (Naturalization records only) (412) 208-7500**

**WHERE:** Federal Courthouse, Liberty Avenue at 700 Grant St. 8th floor, Pittsburgh, PA 15219

**HOW:** Card file only. Search by name. Fill out request form for file

**FYI:** Information includes date of birth, year moved to U.S., year of citizenship

#### **SOCIAL SECURITY CARD**

**WHERE:** Social Security Administration, Downtown Pittsburgh, 921 Penn Avenue, Pittsburgh, PA 15222  
(Offices are also located in McKeesport, North Side, Mt. Lebanon, East Liberty)

**HOW:** internet [www.ssa.gov](http://www.ssa.gov) OR phone 1-800-772-1213

#### **VOTER REGISTRATION**

**WHERE:** County Office Building, Ross Street and Forbes Avenue, Pittsburgh, PA 15219 6th floor, Elections Office

**HOW:** Visit in person, or call 412-350-4510, or apply online at [www.pavoterservices.pa.gov](http://www.pavoterservices.pa.gov)

**FYI:** Information needed for voter registration includes birth date, party affiliation, and PA ID or last four digits of your social security number

Updated June 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)

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# INTELLECTUAL DISABILITY AND AUTISM

The Allegheny County Department of Human Services (AC DHS) **Office of Intellectual Disability (OID)** assists children, graduating students and adults with an intellectual disability and / or autism. In order for eligible individuals to obtain Supports Coordination (SC) services and access some Home and Community Based Waiver services they must be registered with OID.

**GENERAL INQUIRES:** 412-253-1399 (Monday through Friday, 8:30 am to 4:00 pm)  
**INTAKE AND REGISTRATION:** 412-253-1250 (Monday through Friday, 8:30 am to 4:00 pm)

## Call 412-253-1399

- Learn about eligibility criteria for individuals with intellectual disability and / or autism
- Learn about eligibility criteria for families of children 0-9 with developmental disability
- Start the process to determine eligibility for supports coordination services

## OID staff can

- Share helpful resources and connections to assistance
- Connect eligible individuals to a Supports Coordinator (SC)
- Help you begin receiving informative OID Key Communicator announcements

If registered with OID you / your family will be given information to be able to select a Supports Coordination Organization (SCO).

Your SC will learn what is important to you / your family and assist with making a plan.

This may include ideas for you to

- Engage in a more meaningful life
- Be well supported in your home
- Fully access your community
- Remain healthy and safe
- Find and keep a job
- Transition to adulthood
- Provide a break for caregivers

Additional information on services and supports is available at the following websites:

[www.alleghenycounty.us/Human-Services/Programs-Services/Disabilities/Intellectual-Disability.aspx](http://www.alleghenycounty.us/Human-Services/Programs-Services/Disabilities/Intellectual-Disability.aspx)  
[www.MyODP.org](http://www.MyODP.org)

Allegheny County Department of Human Services  
**Office of Intellectual Disability**

June, 2018

For more information regarding OID call 412-253-1399 or visit

[www.alleghenycounty.us/Human-Services/Programs-Services/Disabilities/Intellectual-Disability](http://www.alleghenycounty.us/Human-Services/Programs-Services/Disabilities/Intellectual-Disability)



LEGAL			
		Located	Serves
<b>Allegheny County Bar Association Lawyer Referral Service</b> 436 &th Avenue-3rd Fl-Coppers Building, Pittsburgh, PA 16219 <i>Legal professionals who provide education, advocacy and professional services</i>	(412) 261-5555 <a href="http://www.acba.org">www.acba.org</a>	Downtown	Allegheny Co.
<b>Allegheny County Bar Association Divorce Law Project</b> 436 7th Avenue, Pittsburgh, PA 15219 <i>Legal representation for low-income people going through a relatively simple divorce, workshops held monthly</i>	(412) 402-6714	Downtown	Allegheny Co.
<b>Disability Rights Network</b> 429 Fourth avenue, Ste 701 Pittsburgh, PA 15219 <i>Legal consultation, representation and advocacy for individuals with disabilities</i>	(412) 391-5225 <a href="http://www.drnpa.org">www.drnpa.org</a>	Downtown	No Restrictions
<b>Education Law Center Pittsburgh Branch</b> 429 4th Avenue, Suite 702, Pittsburgh, PA 15219 <i>Works to ensure all children have the resources needed for a quality public education</i>	(412) 258-2120 <a href="http://www.elc-pa.org">www.elc-pa.org</a>	Downtown	Allegheny
<b>Neighborhood Legal Services Association</b> 928 Penn Avenue Pittsburgh, PA 15222 <i>NLSA is a major provider of free civil legal aid to low-income, elderly, and abused individuals</i>	(412) 255-6700 <a href="http://www.nlsa.us">www.nlsa.us</a>	Downtown	Allegheny Beaver Co. Butler Col Lawrence Co.
<b>Law Offices of the Public Defender</b> 542 Forbes Avenue, Ste 400 Pittsburgh, PA 15219 <i>Legal defense for eligible adult &amp; juveniles for criminal charges or respondents in civil mental health cases</i>	(412) 350-2401	Downtown	Allegheny Co.
<b>YWCA-Greater Pittsburgh Legal Services</b> <i>Offers free advice and/or representation</i>	(412) 255-1488 <a href="http://www.ywcapgh.org">www.ywcapgh.org</a>	Downtown	No Restrictions
LEGAL SERVICES - CHILDREN'S COURT			
<b>Allegheny County Bar Foundation Juvenile Court Project</b> 436 Seventh Avenue, Suite 1100, Koppers Building, Pittsburgh, PA 15219 <i>Representation for CYF parents in Children's Court who do not have an attorney, income guidelines apply</i>	(412) 391-4467 <a href="http://www.acbfparentadvocates.org">www.acbfparentadvocates.org</a>	Downtown	Allegheny Co
<b>KidsVoice</b> 700 Frick Building, 437 Grant Street Pittsburgh, PA 15219 <i>Representation of children and adolescents in Children's Court dependency proceedings</i>	(412) 391-3100 <a href="http://www.kidsvoice.org">www.kidsvoice.org</a>	Downtown	Allegheny Co.
<b>Office of Conflict Council</b> 700 Frick Building, 437 Grant Street Pittsburgh, PA 15219 <i>Representation of children and adolescents in Children's Court dependency proceedings</i>	(412) 350-3850	Downtown	Allegheny Co.

MENTORING			
		Located	Serves
<b>100 Black Men of W PA</b> P.O. Box 254 Pittsburgh, PA 15230 <i>Mentoring focus on academic, critical thinking, tutoring, self-esteem and appropriate behaviors for AA students.</i>	(412) 361-2142 <a href="http://www.pgh100bm.com">www.pgh100bm.com</a>	Pittsburgh	Greater Pgh. Allegheny Co. Beaver Co.
<b>ACE Mentor Program of Eastern PA</b> 301 Grant St. One Oxford Ctr. Ste 4500 Pittsburgh, PA 15219 <i>Engage and enlighten local high school students to learn more about architecture, engineering and construction.</i>	(412) 395-3474 <a href="http://www.acementor.org">www.acementor.org</a>	Pittsburgh	Allegheny Co.
<b>Big Brothers and Big Sisters of Greater Pgh.</b> 5989 Centre Ave. Pittsburgh, PA 15206 <i>One-to-one youth mentoring agency serving at-risk children.</i>	(412) 363-6100 <a href="http://www.bbbspgh.org">www.bbbspgh.org</a>	East Liberty	Allegheny Co. Washington Co Greene Co.
<b>Male Coalition &amp; Mentoring Program Center for Family Excellence</b> 409 Dinwiddie St., Pittsburgh, PA 15219 <i>Helps adult, teenage and young males to address issues that hinder their personal development</i>	(412) 232-0322	Hill District	City of Pgh. and Allegheny County
<b>Family Guidance, Inc.</b> 913 Western Avenue Pittsburgh PA 15233 <i>One2One program that provides a mature Christian mentor for children who need a friend.</i>	(412) 741-8550 <a href="http://www.familyguidance.net">www.familyguidance.net</a>		Allegheny, Butler, Beaver Westmoreland Washington
<b>Goodwill Industries of Western PA YouthWorks Mentors</b> 118 52nd Street, Pittsburgh, PA 15201 <i>Career focused mentoring program for at-risk youth between the ages of 12-17</i>	412-481-9005 <a href="http://goodwillswpa.org">goodwillswpa.org</a>	Lawrenceville	Allegheny Co
<b>Mentoring Partnership</b> One Hope Square, 1901 Centre Avenue, Suite 205 Pittsburgh, PA 15219 <i>Helps mentoring programs by providing training, support, education, quality assistance, recruiting, referrals</i>	(412) 281-2535 <a href="http://www.mentoringpittsburgh.org">www.mentoringpittsburgh.org</a>	Strip District	SW PA



PARENTING EDUCATION			
		Located	Serves
<b>Arsenal Family &amp; Children's Center</b> 336 S. Aiken Avenue Pittsburgh, PA 15232 <i>Developmental preschool providing building blocks for healthy development for young children and their families.</i>	(412) 345-0008	Shady Side	Allegheny Co.
	<a href="http://www.arsenalfamily.com">www.arsenalfamily.com</a>		
<b>A Second Chance, Inc.</b> 8350 Frankstown Ave Pittsburgh, PA 15221 <i>Provides safe, secure and nurturing environment to children being cared for by their relatives or close family friend.</i>	(412) 342-0600	Wilkinsburg	Allegheny Co.
	<a href="http://www.asecondchance-kinship.com">www.asecondchance-kinship.com</a>		
<b>UPMC Children's Hospital of Pittsburgh Community Education Program</b> 4401 Penn Avenue, Pittsburgh, PA 15224 <i>Classes are designed to improve and maintain physical, emotional and mental health.</i>	(412) 692-7105	Several locations	no restrictions
	<a href="mailto:www.commed@chp.edu">www.commed@chp.edu</a>		
<b>Family Resources First Steps</b> 1425 Forbes Ave, Pittsburgh, PA 15219 <i>Work with parents with children 0-5 yrs. old to nurture, develop attachment skills.</i>	(412) 363-1702	Several locations	no restrictions
	<a href="http://www.familyresourcesofpa.org">www.familyresourcesofpa.org</a>		
<b>Family Resources The Nurturing Course</b> 1425 Forbes Ave, Pittsburgh, PA 15219 <i>Parent education and support, family interactive groups, goal planning as well as child school readiness activities.</i>	(412) 363-1702	Sites vary	no restrictions
	<a href="http://www.familyresourcesofpa.org">www.familyresourcesofpa.org</a>		
<b>Focus on Renewal Program Family Support Programming</b> 901 Grey Ave, McKees Rocks, PA 15136 <i>Provides parenting education &amp; support through parent groups, parent/child interaction and screenings.</i>	412) 331-1685 ext. 115	McKees Rocks	McKees Rocks Stowe Twp.
	<a href="http://www.forstorox.org">www.forstorox.org</a>		
<b>Genesis of Pittsburgh</b> 550 California Ave. Pittsburgh, PA 15202 <i>Provides life affirming programs and services to pregnant women.</i>	(412) 766-5212	Bellevue	No Restrictions
	<a href="http://www.genesispggh.org">www.genesispggh.org</a>		
<b>Healthy START</b> 400 North Lexington Street-3rd Floor Pittsburgh, PA 15208 <i>Supportive services and info &amp; referral, w/ emphasis on prenatal care, low birth weight and family planning</i>	(412) 247-4009	Homewood	Allegheny Co. sites throughout Allegheny County
	<a href="http://www.healthystartpittsburgh.org">www.healthystartpittsburgh.org</a>		
<b>Human Coalition-Pittsburgh Pittsburgh Women's Clinic</b> 101 Drake Road, Ste A, Pittsburgh, PA 15241 <i>Offers a range of services designed to support women in crisis &amp; follow up care.</i>	(412) 833-7445	Upper St. Clair	Allegheny Co. surrounding counties
	<a href="http://www.prcsh.org">www.prcsh.org</a>		

PREGNANCY - SUPPORT / COUNSELING / RESIDENTIAL			
		Located	Serves
<b>Adagio Health/412 Youth Zone</b> 304 Wood Street Pittsburgh, PA 15222 <i>Prenatal care programs tailored to meet the needs of expectant mothers.</i>	412-902-4068 <a href="http://www.adagiohealth.org">www.adagiohealth.org</a>	Pittsburgh	Allegheny Co.
<b>Allegheny County Health Department BreastFeeding Helpline</b> <i>Helpline will provide phone assistance to any woman needing support while breast feeding</i>	(412) 687-2243 <a href="http://www.achd.net">www.achd.net</a>	Pittsburgh	Allegheny Co.
<b>Allegheny County Health Department Maternal &amp; Child Health Program</b> 807 Wallace Street Wilkinsburg, PA 15221 <i>Goal is to maximize the quality of life and health of mothers, infants, children and their families in Allegheny County</i>	(412) 247-7950 <a href="http://www.achd.net/childhth/index.html">www.achd.net/childhth/index.html</a>	Wilkinsburg	Allegheny Co.
<b>Alliance for Infants and Toddlers, Inc.</b> The Hough Building, 2801 Custer Avenue Pittsburgh, PA 15227 <i>Early intervention services for parents who are concerned about their child's development.</i>	(412) 885-6000	Brentwood	Allegheny Co.
<b>Birthright International</b> 160 N. Craig Street, Suite 200 Pittsburgh, PA 15213 <i>Confidential crisis counseling, free pregnancy testing, support, alternatives to abortion, baby clothing</i>	(800) 550-4900 (412) 621-1988 <a href="http://www.birthright.org">www.birthright.org</a>	Oakland	No Restrictions
<b>Children's Home &amp; Lemieux Family Center</b> 5324 Penn Avenue Pittsburgh, PA 15224 <i>Licensed, caring counselors available 24/7 to support your decisions. Adoption services available.</i>	(412) 441-4884 (800) 961-7704 <a href="http://www.childrenshomepgh.org">www.childrenshomepgh.org</a>	Friendship	Allegheny Co.
<b>Every Child, Inc.</b> 1425 Forbes Avenue, 3rd Floor Pittsburgh, PA 15219 <i>Childbirth education, labor and delivery support, transportation, tangible assistance</i>	(412) 665-0600 1-888-665-2940 <a href="http://www.everychildinc.org">www.everychildinc.org</a>	East Liberty	Allegheny Co.
<b>Family Resources</b> 1425 Forbes Avenue Pittsburgh, PA 15219 <i>Prevent, treat, intervene and counsel in order to strengthen families to prevent child abuse</i>	(412) 363-1702 <a href="http://www.familyresourcesofpa.org">www.familyresourcesofpa.org</a>	Pittsburgh	no restrictions
<b>Genesis of Pittsburgh</b> 550 California Ave. Pittsburgh, PA 15202 <i>Provides life affirming programs and services to pregnant women.</i>	(412) 766-5212 <a href="http://www.genesispg.org">www.genesispg.org</a>	Bellevue	No Restrictions
<b>Genesis of Pittsburgh, Genesis House</b> 185 Dakota Ave. Pittsburgh, PA 15202 <i>Residential and home-based services to pregnant women or girls</i>	(412) 766-2693 <a href="http://www.genesispg.org">www.genesispg.org</a>	Bellevue	Allegheny and Washington Counties
<b>Healthy START</b> 400 North Lexington Street-3rd Floor Pittsburgh, PA 15208 <i>Supportive services and info &amp; referral, w/ emphasis on prenatal care, low birth weight and family planning</i>	(412) 247-4009 <a href="http://www.healthystartpittsburgh.org">www.healthystartpittsburgh.org</a>	Homewood	Allegheny Co. sites throughout Allegheny County

<b>Nurse-Family Partnership</b> 907 West Street, 2nd Floor Pittsburgh, PA 15221 <i>A maternal, infant and early childhood visiting home nurse program to support first time parents to succeed.</i>	(412) 247-7806	Wilkinsburg	Allegheny Co.
	<a href="http://www.nursefamilypartnership.org">www.nursefamilypartnership.org</a>		
<b>Planned Parenthood of Western PA</b> <u>933 Liberty Avenue,</u> Pittsburgh, PA 15222 <i>Clinics providing gynecological care</i>	(412) 434-8971	Downtown	Allegheny Co.
	<a href="http://www.ppwp.org">www.ppwp.org</a>		
<b>Pregnancy Resource Center of the South Hills</b> 101 Drake Road, Suite A Pittsburgh, PA 15241 <i>Free pregnancy testing, support for unplanned pregnancies, alternatives to abortion</i>	(412) 833-7445	Upper St. Clair	Allegheny Co. Washington Co.
	<a href="http://www.prcsh.org">www.prcsh.org</a>		
<b>Travelers Aid Society of Pittsburgh</b> <b>Mobile Moms Program, **contact your local hospital or physician for a referral to this program</b> 343 Blvd. Allies, Pittsburgh PA 15222 <i>Transportation for income eligible woman to prenatal checkups, testing appointments and postnatal checkups</i>	(412) 281-5474	Downtown	Allegheny Co.
<b>Woman's Choice Network</b> 4615 Fifth Avenue Pittsburgh, PA 15213 <i>Free pregnancy and STD testing, alternatives to abortion</i>	(412) 687-7767	Oakland	Allegheny Co.
	<a href="http://www.imissedmyperiod.org">www.imissedmyperiod.org</a>		



## SERVICE COORDINATION UNITS

**Service Coordination Units** offer a wide range of treatment and support for children and adults whose functioning is impaired by mental illness, intellectual disability or alcohol and other drug dependency. Consumers may access services by using their medical insurance or fees can be set on a sliding scale. Depending on the program or income eligibility guidelines, some services may also be free of charge. A consumer may ask to be transferred to a different Service Coordination Unit, but s/he may find it more convenient to start with the program in his/her area.

The **resolve Crisis Network** answers 24 hours per day for emergency mental health counseling and access to mobile mental health assistance 1-888-7-YOU-CAN or 1-888-796-8226.

Call (412) 350-4457 if you are not sure which agency is closest to a certain area or for Information/consultation about 302 involuntary commitments to the hospital.

**Milestone, 412-243-3400**

**Administrative Office: 600 Ross Avenue, Pittsburgh, PA 15221**

[www.milestonepa.org](http://www.milestonepa.org)

**Chartiers Center, Inc., 412-221-3302**

**437 Railroad Street, Bridgeville, PA 15017**

[www.chartierscenter.org](http://www.chartierscenter.org)

**Wesley Family Services 1-888-222-4200**

**Multiple Locations throughout Allegheny County**

[www.wfspa.org](http://www.wfspa.org)

**Pittsburgh Mercy 1-877-637-2924**

**Multiple Locations throughout Allegheny County**

**Northside: 412 East Commons, Pittsburgh, PA 15212, 412-323-4500**

**Southside: 330 S. 9<sup>th</sup> St., Pittsburgh, PA 15203, 412-488-4040**

[www.pittsburghmercy.org](http://www.pittsburghmercy.org)

**Mon Yough Community Services (MYCS), MH Outpatient-(Youth) 412-675-6927 or 8300**

**500 Walnut Street, 2<sup>nd</sup> floor, McKeesport, PA 15132**

[www.mycs.org](http://www.mycs.org)

**Staunton Clinic, 412-749-7330 (Intake)**

**111 Hazel Lane, Suite 300, Sewickley, PA 15143**

[www.stauntonclinic.com](http://www.stauntonclinic.com)

**Turtle Creek Valley (TCV) MH/MR, 412-351-0222 x4475 (Intake)**

**723 Braddock Avenue, Braddock, PA 15104**

[www.tcv.net](http://www.tcv.net)

**Western Psychiatric Institute and Clinic (WPIC), 412-624-2100**

**3811 O'Hara St, Pittsburgh, PA 15213**

[www.upmc.com](http://www.upmc.com)

*Updated September 2018*

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)



Navigating the mental health system for CHILDREN & ADOLESCENTS can entail contacting an Administrative Service Coordinator (ASC). ASCs can assess the consumers mental health needs, help search and/or link to appropriate services. All mental health services are voluntary. A parent or child over the age of 14 can contact an ASC of their choice to begin the process. You do NOT need medical insurance to access this service.

<b>Allegheny Children's Initiative</b> <b>Jeannette Smith</b> 2304 Jane Street Pittsburgh, PA 15203 Phone: 412-390-2609 Fax: 412-431-8124	<b>Chartiers Valley MH/MR</b> <b>Melissa Zirwas</b> 437 Railroad Street Bridgeville, PA 15017 Phone: 412-221-3302 Fax: 412-257-2008
<b>Family Links</b> <b>Haley Dillman</b> 2644 Banksville Road Pittsburgh, PA 15216 Phone: 412-389-0821 (Haley's direct #) Fax: 412-343-4814	<b>Wesley Family Services</b> <b>Claration Shaner-Manager</b> 201 Corbet St. Tarentum, PA 15084 Phone: 724-230-2777-ext. 3833 <b>Jamie Husar-Youth</b> 310 Central City Plaza New Kensington PA 15068 Phone: 724-335-9883-ext. 517
<b>HSAO</b> <b>Kelly DiNapoli</b> 2801 Custer Avenue Pittsburgh, PA 15227 Phone: 412-884-4500 Fax: 412-885-3900	<b>Pittsburgh Mercy</b> <b>Brenda Saulsbery</b> 1200 Reedsdale Street Pittsburgh, PA 15233 Phone: 412-320-2374 Fax: 412-320-2376
<b>Milestone Centers-</b> <b>Jill Littman (Youth) ext. 205</b> <b>John Massey (Adult) ext. 307</b> 712 South Avenue Pittsburgh, PA 15221 Phone: 412-243-3400 Fax: 412-244-4797	<b>Mon Yough Community Services (MYCS)</b> <b>Amber Kennedy</b> 500 Walnut Street McKeesport, PA 15132 Phone: 412-675-8226 Fax: 412-675-8484
<b>Pressley Ridge</b> <b>Jeffrey Rader-412-442-4438</b> <b>Central Admissions</b> 2611 Stayton Street Pittsburgh, PA 15212 Phone: 1-888-777-0820 (follow prompts) Fax: 412-442-2958	<b>Staunton Clinic</b> <b>Mark Oros</b> 111 Hazel Lane, Ste 300 Sewickley, PA 15143 Phone: 412-749-7770 Fax: 412-749-7331
<b>TVC Community Services</b> <b>Amity Matthew-Youth ASC</b> 723 Braddock Avenue Braddock, PA 15104 Phone: 412-351-0222 ext. 4483 Fax: 412-351-0695	<b>Western Psychiatric Institute and Clinic (WPIC)</b> <b>Comprehensive Recovery Services</b> <b>Scott Thayer</b> Service Coordination Department Cell Phone: 412-738-3623 Phone: 412-204-9001 Fax: 412-204-9134

Updated September 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)





## UTILITY ASSISTANCE

Individuals behind on utility payments can call their utility companies to arrange a payment plan. Most utilities have **Energy Assistance Programs (EAP's)** that low-income individuals may be able to access if they have had a temporary financial crisis. EAP services may include home visits, budget management, and reduced payments. Some utility companies will also refer clients to **CAP (Customer Assistance Program)** or **CARES (Customer Assistance Referral and Evaluation Service)** programs if asked. Social workers hired within the utility or contracted through other agencies assist low-income or otherwise needy households with either a temporary or long-term reduction in budget payments through CAP and CARES. Contact your utility company for information about these programs. For additional information visit:

[www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Utility-Assistance.aspx](http://www.alleghenycounty.us/Human-Services/Programs-Services/Basic-Needs/Utility-Assistance.aspx)

## ALL PROGRAMS REQUIRE DOCUMENTATION SHOWING "MAXIMUM GROSS INCOME TO BE ELIGIBLE FOR SERVICES (For Example 135% OE 150% OF FPIG)

You may review Federal Poverty Income Guidelines at such websites:

<https://aspe.hhs.gov/poverty-guidelines>

[www.federalregister.gov/documents/2016/01/25/2016-01450/annual-update-of-the-hhs-poverty-guidelines](http://www.federalregister.gov/documents/2016/01/25/2016-01450/annual-update-of-the-hhs-poverty-guidelines)

## DOLLAR ENERGY FUND

[www.dollarenergy.org](http://www.dollarenergy.org)

(888) 282-6816

Dollar Energy is a 'fund of last resort' for low-income households; consumers must apply for all other utility assistance programs before applying for Dollar Energy. Usually around the start of October, individuals who have terminated services can apply for assistance; usually around the beginning of March, applicants can apply for assistance regardless of the status of service (please call the phone numbers below for precise dates). The income guidelines differ from the LIHEAP programs. Dollar Energy is available to consumers of most gas and electric companies in Allegheny County as well as PA American Water. Assistance can be accessed through community agencies that provide the application screening. There are many screening agencies throughout Allegheny County.

## STATEWIDE LIHEAP HELPLINE: 1-866-857-7095

Greater Pittsburgh East District Office: 412-645-7400; Alle-Kiski District Office: 724-339-6800

### LIHEAP I (Low Income Home Energy Assistance Program)

(412) 562-0330

LIHEAP I is a grant program that assists people on a fixed or low income to pay their fuel bills. Income guidelines apply which vary from year to year. Both homeowners & renters are eligible. The program operates during the heating season starting November through April 1.

### LIHEAP II / Crisis

(412) 562-0330

This financial assistance program runs from November through April for weather related emergencies such as furnace repair, hot water heating system repair, gas or fuel line repair, heating fuel purchase, and utility bill payment. Income guidelines apply and payments can be made towards primary or secondary heating sources.

### PUBLIC UTILITY COMMISSION (PUC), CONSUMER SERVICES

<http://puc.state.pa.us>

(800) 692-7380,

The PUC is a regulation agency that mediates and may resolve consumer complaints against utility companies. The PUC educates the public and monitors companies for regulation compliance. They may also intervene to assist an individual in stopping a utility shut off or in setting up a payment plan. Once a payment plan is arranged through the PUC, and an individual does not keep up with payment arrangements, the utility company has no further authority to arrange payment plans. The service may be terminated, and a client may be required to pay the entire balance to restore service. Many times, utility companies will arrange a payment plan as good as/better than a PUC plan. All attempts to make payment arrangements through utility companies should be made prior to contacting the PUC.

Updated May, 2018

[www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx](http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx)



## VETERANS' SERVICES

	Located	Serves
<b>Allegheny County Veterans' Services Office</b> 4141 Fifth Avenue, Pittsburgh, PA 15213 <i>Insures that Veterans and/or widows &amp; dependents receive entitlements and benefits authorized by regulations</i>	(412) 621-4357 <a href="http://www.alleghenycounty.us/veterans">www.alleghenycounty.us/veterans</a>	Oakland Allegheny Co.
<b>Department of Veterans' Affairs VA Pittsburgh Health Care System/Health Care for the Homeless Veterans</b> University Drive, Pittsburgh, PA 15240 1010 Delafield Road, Pittsburgh, PA 15215	(412) 822-2222 <a href="http://www.pittsburgh.va.gov/index.asp">www.pittsburgh.va.gov/index.asp</a>	Allegheny Co.
<b>PAServes Greater Pittsburgh</b> <i>Offers service members, veterans and their families access to a continuum of providers If you are in a crisis call Veteran crisis Line at 1-800-273-8255</i>	1-855-838-7744 <a href="http://www.PAServes.org">www.PAServes.org</a>	
<b>Keystone Paralyzed Veterans of America</b> 1113 Main Street Pittsburgh, PA 15215-2407 <i>Mission is to improve the quality of life of paralyzed veterans</i>	412-781-2474 800-775-9323 <a href="http://www.kpva.org">www.kpva.org</a>	
<b>Military Connections</b> Inquire/apply online <i>Provides individual care packages, equipment and supplies to service members overseas.</i>	<a href="http://www.militaryconnections.org">www.militaryconnections.org</a>	
<b>Military Family Network</b> <i>Links military members and families with resources to build personal support networks, customized to their family needs</i>	(412) 531-1978 <a href="http://www.militaryfamilynetwork.com">www.militaryfamilynetwork.com</a>	
<b>Veterans Leaderships Program of Western Pennsylvania, Inc.</b> 2934 Smallman Street, Pittsburgh, PA 15201 <i>Provides housing, employment, support services to local veterans</i>	(412) 481-8200 <a href="http://www.vlpwpa.org/">www.vlpwpa.org/</a>	Strip District Western PA
<b>VET Center</b> 2500 Baldwin Road, Ste 15, Pittsburgh, PA 15205 2001 Lincoln Way, Ste 21 McKeesport, PA 15132 <i>Readjustment counseling and outreach services to all Veterans in order to make a successful transition to civilian life</i>	(412) 920-1765 (412) 678-7704	South Side McKeesport Western PA

**VIOLENCE PREVENTION AND HELP FOR PEOPLE WHO ARE  
INCARCERATED, EX-OFFENDERS AND THEIR FAMILIES**

		<b>Located</b>	<b>Serves</b>
<b>A Second Chance, Inc.</b> 8350 Frankstown Road Pittsburgh, PA 15221 <i>Provides assistance to children when parents are incarcerated and CYF places children with relatives</i>	412-342-0600 <a href="http://www.asecondchance-kinship.com">www.asecondchance-kinship.com</a>	Wilkinsburg	Allegheny Co.
<b>Allegheny County Department of Human Services Justice Related Services</b> <i>Support for those with co-occurring mental illness/substance abuse and are involved with the criminal justice system</i>	412-350-7337 <a href="http://www.alleghenycounty.us/dhs/justicerelatedservices.aspx">www.alleghenycounty.us/dhs/justicerelatedservices.aspx</a>	Pittsburgh	Allegheny Co.
<b>Allegheny County Jail</b> 950 Second Avenue Pittsburgh, PA 15219 <i>Visiting schedules are subject to change at any time, family and friends are encouraged to call ahead</i>	412-350-2000 <a href="http://www.alleghenycounty.us/jail/visit.aspx">www.alleghenycounty.us/jail/visit.aspx</a>	Downtown	Allegheny Co.
<b>Amachi Pittsburgh</b> 1830 Forbes Avenue, 2nd Floor Pittsburgh, PA 15219 <i>Works w/ faith &amp; community based partners to empower children and families regarding parental incarceration</i>	412- 281-1288 <a href="http://www.amachipgh.org">www.amachipgh.org</a>	Downtown	Allegheny Co.
<b>Big Brothers Big Sisters of Greater Pittsburgh, Inc</b> 5989 Centre Ave. Suite #1 Pittsburgh, PA 15206 <i>Mentors for children ages 6 through 13 whose parents or immediate family members have been incarcerated</i>	412-363-6100 <a href="http://www.bbbspgh.org">www.bbbspgh.org</a>	East Liberty	Allegheny Co. Washington Co.
<b>Families Outside</b> Wesley Family Services 221 Penn Avenue <i>Low cost transportation to most State prisons in PA</i>	412-458-6456 <a href="http://www.fswp.org">www.fswp.org</a>		Allegheny Co.
<b>Family Resources</b> 1425 Forbes Avenue Pittsburgh, PA 15206 <i>Prevention &amp; treatment (therapy, conflict management, anger management) surrounding child abuse/neglect</i>	412-363-1702 877-927-6596 <a href="http://www.familyresourcesofpa.org">www.familyresourcesofpa.org</a>	East Liberty Downtown, McKeesport	Allegheny Co.
<b>Lydia's Place</b> Affiliate of Renewal, Inc. 700 Fifth Avenue, 4th Floor 15219 <i>Provides programs for incarcerated offenders or exoffenders, their children, and the children's caregivers</i>	412-697-0880 <a href="http://www.renewalinc.com">www.renewalinc.com</a>		Allegheny Co.
<b>Mon Valley Initiative, SPARC</b> 305 East 8th Avenue Homestead, PA 15120 <i>Works with ex-offenders on needs that they may have</i>	412-464-4000 <a href="http://www.monvalleyinitiative.com">www.monvalleyinitiative.com</a>	Homestead	Mon Valley
<b>Pittsburgh Action Against Rape (PAAR)</b> 81 South 19th Street Pittsburgh, PA 15203 <i>Crisis intervention and counseling for adult and child victims of sexual assault</i>	412-431-5665 866-363-7273 <a href="http://www.paar.net">www.paar.net</a>	Southside	Primarily Allegheny Co.
<b>Pittsburgh Community Services, Inc.</b> 249 North Craig Street Pittsburgh, PA 15213 <i>Intensive case management for those with criminal backgrounds to help them reach a life of self sufficiency</i>	412-904-4700 <a href="http://www.pghcsi.org">www.pghcsi.org</a>	Oakland	City of Pgh.

<b>Safe Start</b> <b>Allegheny County Department of Human Svcs</b> (412) 350-3693 One Smithfield St. Pittsburgh, PA 15222 <a href="http://www.alleghenycounty.us/dhs/safestart.aspx">www.alleghenycounty.us/dhs/safestart.aspx</a> <i>Reduce violence in the community, identify &amp; successfully intervene in the lives of children impacted by violence</i>	Allegheny Co.
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<b>The Program for Offenders, Inc.</b> (412) 281-7380 Downtown <b>564 Forbes Avenue, Suite 930, 15219</b> <a href="http://www.theprogrampgh.org">www.theprogrampgh.org</a> <i>Provides supportive services to male and female offenders and their children</i>	Allegheny Co.
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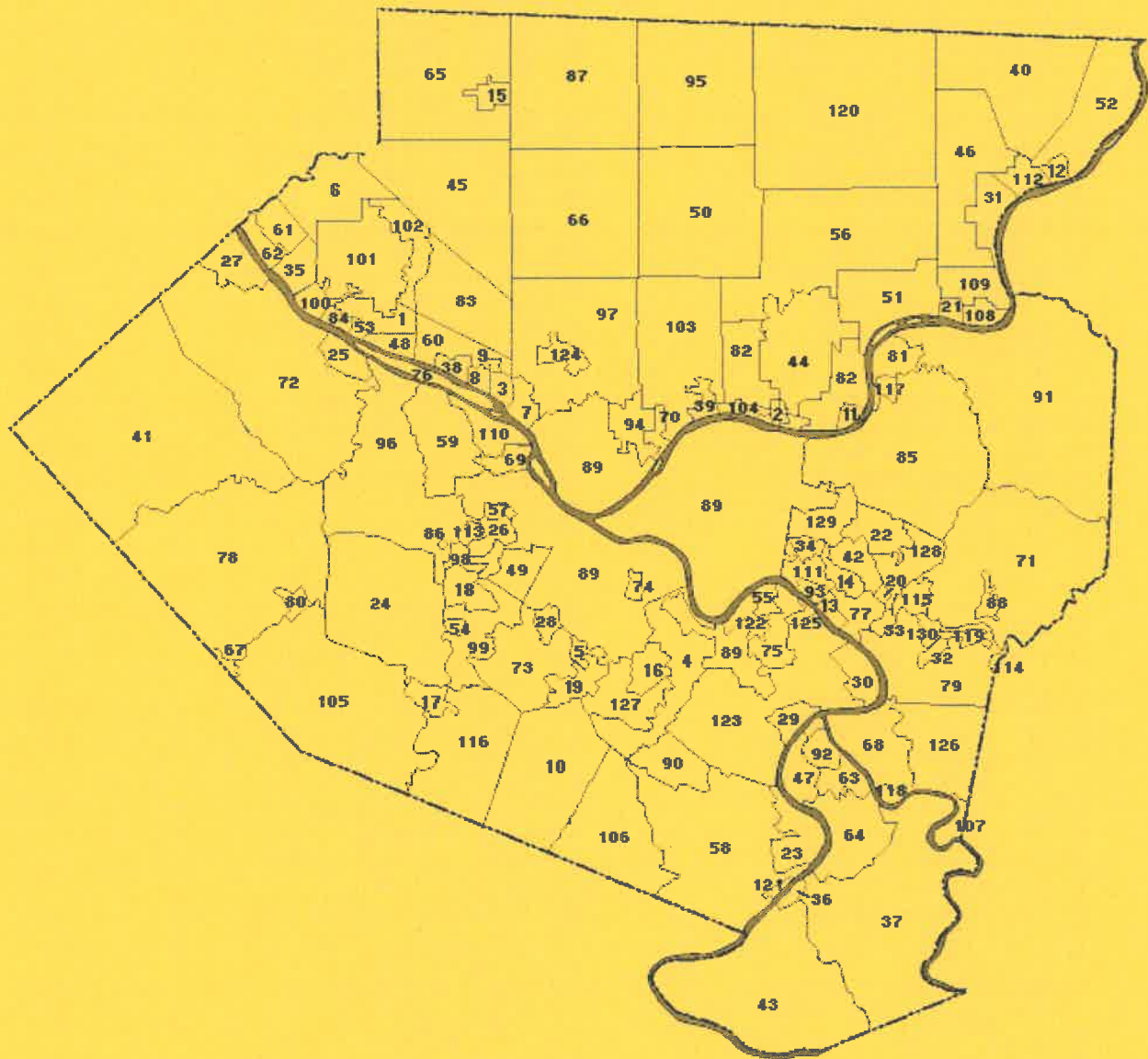


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53. Borough of Haysville 15143
54. Borough of Heidelberg 15106
55. Borough of Homestead 15120
56. Indiana Township 15051
57. Borough of Ingram 15205
58. Borough of Jefferson Hills 15025
59. Kennedy Township 15108/15136
60. Kilbuck Township 15202
61. Leet Township 15033
62. Borough of Leetsdale 15056
63. Borough of Liberty 15133
64. Borough of Lincoln 15207
65. Marshall Township 15036
66. Town of McCandless 15090
67. Borough of McDonald 15057
68. City of McKeesport 15132
69. Borough of McKees Rocks 15136
70. Borough of Millvale 15209
71. Borough of Monroeville 15146
72. Moon Township 15108
73. Municipality of Mt. Lebanon 15228
74. Borough of Mt. Oliver 15210
75. Borough of Munhall 15120
76. Neville Township 15225
77. North Braddock Borough 15104
78. North Fayette Township 15057
79. North Versailles Township 15137
80. Borough of Oakdale 15071
81. Borough of Oakmont 15139
82. O'Hara Township 15238
83. Ohio Township 15237
84. Borough of Osborne 15143
85. Municipality of Penn Hills 15235
86. Pennsbury Village
87. Pine Township 15090
88. Borough of Pitcairn 15140
89. City of Pittsburgh
90. Borough of Pleasant Hills 15236
91. Borough of Plum 15239
92. Borough of Port Vue 15133
93. Borough of Rankin 15104
94. Reserve Township 15212
95. Richland Township 15044
96. Robinson Township 15136
97. Ross Township 15237
98. Borough of Rosslyn Farms 15106
99. Scott Township 15106
100. Borough of Sewickley 15143
101. Borough of Sewickley Hts.
102. Borough of Sewickley Hills
103. Shaler Township 15116
104. Borough of Sharpsburg 15215
105. South Fayette Township 15017
106. South Park Township 15129
107. South Versailles Township 15208
108. Borough of Springdale 15144
109. Springdale Township 15049
110. Stowe Township 15136
111. Borough of Swissvale 15218
112. Borough of Tarentum 15084
113. Borough of Thornburg 15205
114. Borough of Trafford
115. Borough of Turtle Creek 15145
116. Upper St. Clair Township 15241
117. Borough of Verona 15147
118. Borough of Versailles 15132
119. Borough of Wall 15148
120. West Deer Township 15024
121. Borough of West Elizabeth 15088
122. Borough of West Homestead 15120
123. Borough of West Mifflin 15122
124. Borough of West View 15229
125. Borough of Whitaker 15120
126. Borough of White Oak 15131
127. Borough of Whitehall 15227/15236
128. Wilkins Township 15145
129. Borough of Wilkinsburg 15221
130. Borough of Wilmerding 15148